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Enough with the dilly-dallying

Metro Vancouver mayors want province to pick up the pace on transit solutions PAGE 2

No easy answers to youth suicide

There's no 'one-size-fits-all solution' to halt deaths, B.C. Coroners review finds PAGE 2

Bullock floats into the void

Filming Gravity was as much an adventure as the film itself, says star of space odyssey PAGE 23

LOOK WHO'S BACK

ALAIN VIGNEAULT RETURNS TO OLD STOMPING GROUNDS AT ROGERS ARENA WITH HIS NEW YORK RANGERS IN TOW PAGE 30

'Quick wins' prosecutor appointed

'Ethnicgate.' RCMP probe began after NDP leader filed complaint

The Criminal Justice branch has appointed lawyer David Butcher as a special prosecutor as Mounties investigate the fallout of the "quick wins" scandal.

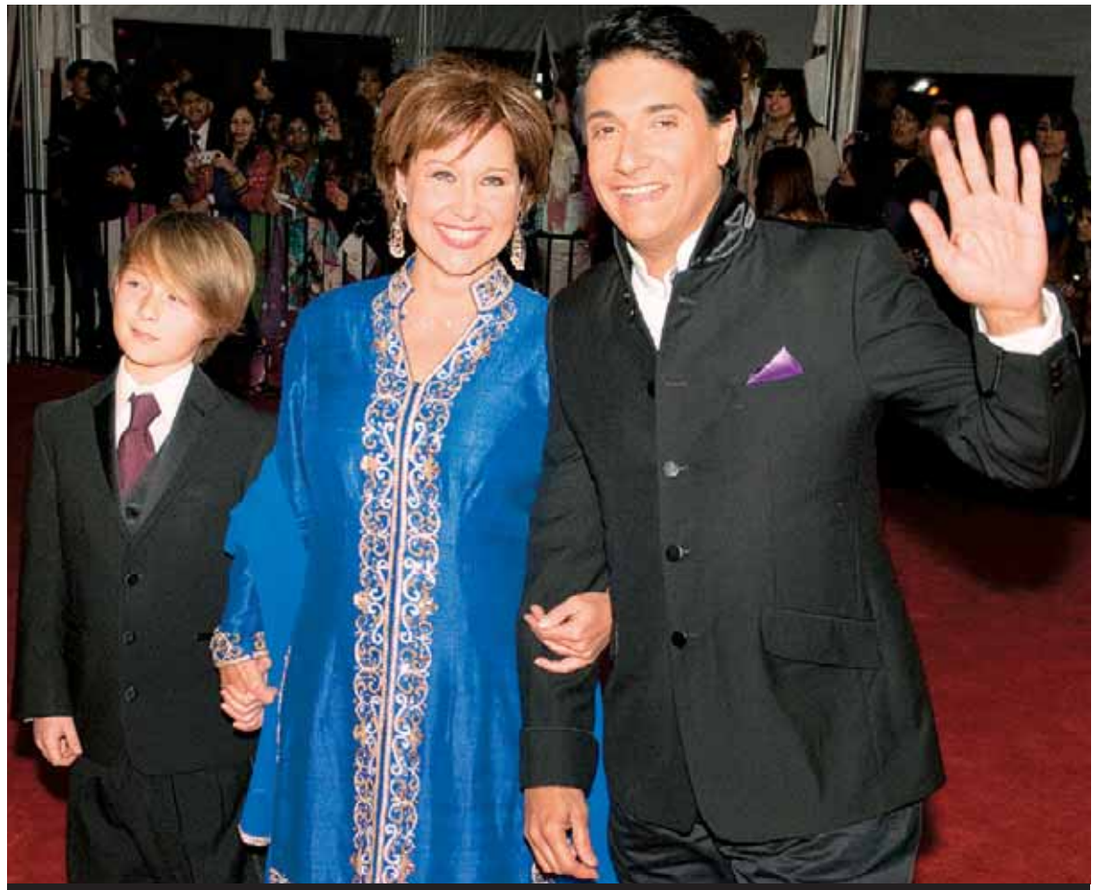
Police have been investigating a complaint launched by outgoing NDP Leader Adrian Dix into the Liberals' Draft Multicultural Strategic Outreach Plan and alleged Election Act irregularities since August, but they had asked the branch to delay publicly naming a prosecutor until now "to safeguard the integrity of the investigation in its early stages."

The exact nature of the complaints has not been revealed, but it could lead to criminal charges and the investigation "could include member of government and/or government employees."

Premier Christy Clark was not available to comment, but her director of communications, Ben Chin, issued a statement: "The Government of British Columbia respects this process and will co-operate fully. Any citizen, including Mr. Dix, is free to file a complaint with the authorities."

The so-called "Ethnicgate" scandal sparked outrage before this year's provincial election, when an insider document was leaked outlining "quick wins" the Liberals could use to secure ethnic votes — such as orchestrating a timely government apology for turning away refugees on the Komagata Maru in 1914.

In March, Deputy Minister to the Premier John Dyble released his review of the multicultural outreach plan, finding that some officials had breached the public-service standard of conduct and that some government resources were misused for political purposes. MATT KIELTYKA/METRO



Premier Christy Clark attends the Times of India Film Awards with her son, Hamish, and Bollywood star Shahrukh Khan in Vancouver on April 6. The RCMP are investigating alleged Election Act violations tied to the Liberals' multicultural outreach plan. JENNIFER GAUTHIER/FOR METRO

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NEWS 1

Few warning signs

Child and youth suicide remains a puzzling problem

There were more questions than answers Thursday as a B.C. Coroners Service panel released its review of child and youth suicide.

Instead of presenting a profile of at-risk children, panel chair Michael Egilson littered his press conference with remarks on how much more authorities have to learn and the need to be proactive.

"There's not a single profile of a child likely to commit suicide," he said. "Suicide of young people is a very complex phenomenon, and we're not likely to find a one-size-fits-all solution."

The report studies 91 youth suicides in B.C. between 2008 and 2012.

While suicide is the second-leading cause of death among youth, there seems to be little connecting the cases.

The big hot-button issue of bullying was only identified as a factor in 13 per cent of the deaths.

The report makes a plethora of recommendations, many aimed at getting a better understanding of the issue.

The panel wants school districts to work with government and partners to develop community-level risk-assessment protocols and improve info sharing.

It recommends the Ministry of Children and Family Development map its services across the province, make them easy to find and remove any barriers that would keep any youth from seeking help.

MATT KIELTYKA/METRO

TransLink Mayors' Council chair Richard Walton speaks during the mayors' regular monthly meeting in New Westminster on Thursday. JENNIFER GAUTHIER/METRO

Hurry up funding plan for transit, mayors say

Referendum looms. Region is in 'limbo' as transportation minister works on proposals

KATE WEBB
kate.webb@metronews.ca

Get moving — that's the message Metro Vancouver mayors gave to Transportation Minister Todd Stone in their first meeting about the Lower Mainland's worsening transit problems since the May provincial election.

Stone's predecessor, former Liberal transportation minister Mary Polack, promised in April to work with the mayors to deliver recommendations by this September on potential sources of sustainable funding for TransLink.

But after their first meeting with the minister in New Westminster on Thursday, the mayors said it was little more than a meet-and-greet to give the Kamloops-South Thompson MLA a chance to catch up on their opinions.

"The pace at which I think the (provincial) government wants to move is considerably slower than the rate at which we'd like to move," said TransLink Mayors' Council chair Richard Walton.

Not only have the mayors not seen any of the promised proposals, there has been no hint of what the ballot question will look like for the upcoming referendum on transit funding, which is expected to be held no later than November 2014.

The mayors are also anxious for a response to a consultant's review released in April that found TransLink's governance model lacks transparency, accountability and adequate legal powers to address chronic funding shortages.

Vancouver Mayor Gregor Robertson said the province is at a "standstill" on the referendum question, leaving the region "in limbo."

Stone, for his part, called the meeting "very productive" but could not point to any significant breakthroughs.

"Today was a great opportunity to hear a wide variety of opinions," he said.

"What we did agree today was time is of the essence."

Distance-based fares

TransLink vice-president of strategic planning Bob Paddon revealed Thursday that the authority may look at switching to distance-based fares from zone-based fares as early as 2016.

- He said after the Compass Card enters general circulation in early 2014, it will take at least a year of collecting data to analyze whether it makes sense.
- "We're assuming that there will be a strong case for true, distance-based travel," he said. "We're probably looking at a full fare-policy review in 2016."

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Doctors speak out against coal-export expansion plan

Surrey. Professionals draft letter criticizing assessment process

Throw it out and start again.

So say a group of doctors and professors on the latest environmental-impact assessment for a proposed coal-export terminal at the Fraser Surrey Docks.

Port Metro Vancouver announced earlier this month it would give the docks a few extra weeks to conduct its own assessment following community concerns about health and the environment.

But that time frame is "implausibly short," according to a Sept. 26 letter signed by 34 doctors and professionals, most affiliated with the region's big universities.

And that's not the only flaw, according to the letter. The terms of reference aren't public, local governments and health authorities haven't been consulted and the scope of the assessment isn't wide enough.

Any impact, from the time the coal enters the region by train to the time it's shipped out into international waters, must be considered in a proper assessment, according to the letter.

"Proposals to dramatically increase the export of coal from Metro Vancouver — including U.S. thermal coal imported by rail — may have profound implications for public health, the livability of our region and the maintenance of a stable climate," the letter states.

The professionals encourage the port to consult with key stakeholders and health authorities.

The letter comes during a week in which Voters Taking Action on Climate Change (VTACC), the group leading the charge against coal-export expansion on B.C.'s coast, has rallied hard against the port.

Based on freedom-of-information requests, VTACC alleges the port is too cozy with the coal lobby and has too much vested financial interest to act as a regulator.

The port did not comment by deadline.

EMILY JACKSON/METRO

Neptune Bulk Terminals as seen from New Brighton park in Vancouver. JENNIFER GAUTHIER/METRO FILE

'Myth busting' at city hall as tensions rise

Next up on MythBusters: an episode directly from Vancouver City Hall.

To address rising frustrations surrounding four neighbourhood community plans, city planners slipped a "myth busting" section into their presentation at a Wednesday council meeting that continued Thursday.

The unusual move sought to clarify exactly how much change is proposed in Grandview-Woodland, Marpole, the West End and the Downtown Eastside as council considered extending the former two plans in two lengthy meetings.

But based on the diverse opinions of more than 70 people that signed up to address the issue, the facts about population growth didn't lead to a light-bulb moment or help build consensus.

The city has consulted 25,000 people since it started working on the plans, which are meant to provide direction for each neighbourhood, more than a year ago.

Head planner Brian Jackson said he has "never seen the depth and breadth of community consultation" in his 34-year career.

But staff proposed extending the talks after backlash erupted earlier this summer when the city released a draft plan for Grandview-Woodland involving tall towers around the Commercial Broadway transit hub.

The density came as a surprise to residents, whose protests have taken a political twist with the Vision Vancouver-dominated council getting an earful for charging ahead without listening.

Trust in the Vision Vancouver team has been "sorely eroded" in the process but could be restored if the communities can support the final plans, Grandview-Woodland resident Penny Street said Thursday.

Council is scheduled to decide whether to extend the plans on Friday.

EMILY JACKSON/METRO

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Pedestrians and cyclists pass the former site of a restaurant at 305 Alexander St. in Vancouver on Sept. 21.
DARRYL DYCK/THE CANADIAN PRESS

Two Chefs and a Table co-owner turns himself in

Now shuttered eatery. Restaurateur accused of hiding camera in bathroom had warrant out for his arrest

The co-owner of a former high-end Vancouver restaurant who has been charged with observing or recording people while they were naked on a tiny camera allegedly hidden in a bathroom has turned himself in to police.

Vancouver police Const. Brian Montague said Thursday that Allan Bosomworth turned himself in to sheriffs at the provincial courthouse Wednesday and was escorted to the Vancouver jail.

Bosomworth was charged Sept. 11 with one count of "secretly observing nudity in a private place," and just two days later was named in an arrest warrant. Two former servers have said the second owner at the restaurant told them he found the camera in the eatery's bathroom while cleaning. The second owner has not been charged with anything.

The offence allegedly took place at the now-closed Two Chefs and a Table restaurant between Dec. 14, 2012, and Dec. 18, 2012, and police have previously said one victim has been identified by images recorded on a camera, but they could not identify other victims due to the poor video quality.

"If we have new information that allows us to either identify a new victim or a victim comes forward, or a witness comes forward to provide us with more information ... that information would be added to the investigation and provided to Crown counsel," said Montague.

But the police have now turned over the file to the courts to deal with, said Montague.

The Crown alleges Bosomworth observed or recorded people "in a place in which they could reasonably be expected to be nude, to expose their genital organs and, or anal region," according to the indictment and arrest warrant filed Sept. 13.

THE CANADIAN PRESS

Co-owner reportedly went to cops

- Two servers, who asked not to be identified, told The Canadian Press recently they were told by the co-owner not charged that he discovered a USB-key-sized camera on Dec. 18, 2012, while cleaning around the toilet in the co-ed washroom used by patrons and staff of the now-closed upscale establishment.
- Both servers said the man, Karl Gregg, reported the matter to the police.

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Play Taxi Media. Canucks get a 'B' in history quiz

Play Taxi Media, the Canadian based media company with a national network of touch screens in taxicabs, challenged young professionals on their knowledge of our home and native land. The results may surprise you!

Vancouverites and Calgarians excelled when asked the capital of their province with more than 90 per cent of riders answering Victoria and Edmonton respectively. Torontonians were a bit more challenged with 34 per cent incorrectly choosing Ottawa over Toronto.

Overall, 75 per cent of riders were "smarter than a 5th grader" in remembering that the Confederation was officially proclaimed in 1867; however, when asked how many oceans border our nation, 37 per cent seem to have forgotten about the Arctic Ocean. Finally, across the country, there was little confusion about the identity of our first Prime Minister, with more than 80 per cent selecting Sir John A. MacDonald.

PLAY TAXI MEDIA

Public warning

Spike in West End break-ins: Cops

Vancouver police issued a public warning Thursday after a spike of break-and-enters into ground and second-floor apartments in the West End. In less than two weeks, 18 break-ins have been reported between 2 and 9:30 p.m.

EMILY JACKSON/METRO

3 months in jail

Naked 60-year-old roamer sentenced

A 60-year-old man who roamed around naked in the village of Clearwater, B.C., has been sentenced to three months in jail.

Michael Goller pleaded guilty to four counts of being nude in public view on private property.

CHNL/THE CANADIAN PRESS

Art that speaks to the conservationist's heart

Nature art exhibit, sale. Artists for Conservation Festival running from Sept. 27-Oct. 6 on Grouse Mountain

MATT KIELTYKA
matt.kieltyka@metronews.ca

Science alone isn't enough to get the public to buy into conservation efforts.

Without an emotional connection to nature, the environment and the animals that live within it, cries for change — no matter how rooted in fact — can go unheard.

That's where wildlife and nature artists hope to fill the gap with the Artists for Conservation Festival, running Sept. 27 to Oct. 6 on Grouse Mountain.

"We can connect with people on an emotional level," said Artists for Conservation executive director Jeff Whiting. "Art adds the cultural elements to conservation; the pieces have the ability to resonate with the general public."

This year, the festival (essentially an international-calibre nature-art exhibit and sale, surrounded by 10 days of events for artists, collectors and the public) includes a ticketed all-day symposium Oct. 3 featuring representatives from some of the top conservation organizations (including World Wildlife Fund, Bateman Foundation and Pacific Wildlife Foundation) discussing regional issues like pipelines and protecting the Great Bear Rainforest.

Dr. Rob Butler of the Pacific Wildlife Foundation says that, while Vancouverites cherish their surroundings, conservation can struggle to make a cultural breakthrough.

"I don't think people are taking environmental and wildlife for granted, but many can be hard-pressed to name the plants and animals they see around them," he said. "How is that not part of their schooling? We need to get out more and educate people."

Quoted

"Art adds the cultural elements to conservation, the pieces have the ability to resonate with the general public."

Jeff Whiting of Artists for Conservation

Artist David Kitler gives a painting demo to attendees of last year's Artists for Conservation Festival on Grouse Mountain. CONTRIBUTED

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A photo taken inside the Kingston Penitentiary in the early '90s. DICK LOEK/TORSTAR NEWS SERVICE

Kingston prison closing its doors

Canada's Alcatraz. Kingston pen has been home to serial killers such as Clifford Olson and Paul Bernardo

Child killers, rapists, drunks, horse thieves and even boys and girls have all spent time within its high, foreboding walls. Hard time.

Within days, however, its cells will be empty and the historic Kingston Penitentiary, the country's most notorious prison, officially closes.

Since its opening in June 1835, the lakeside "pen" some have dubbed Canada's Alcatraz has been home to assorted miscreants and a veritable who's who of the country's worst criminals.

In recent times, the list includes serial child killer Clifford Olson; Paul Bernardo, who raped and killed two schoolgirls; and Mohammad Shafia, who helped drown his three teenaged daughters.

Lee Chapelle, a property offender who spent relatively short stints in "KP" in 2001 and 2008, says it was an old rundown dirty "dungeon" that stood out among the various prisons he'd been in.

"The moment you go through the gates, there is a darkness about it," Chapelle said from Goderich, Ont.

"You feel the heaviness in the air."

The penitentiary, among the oldest continuously used prisons in the world, is closing because the federal government says it is outdated and too expensive to run. Its future, perhaps as some kind of tourist attraction, is uncertain. THE CANADIAN PRESS

Behind bars

Notable inmates

Paul Bernardo: Convicted in 1995 in Toronto of raping and killing schoolgirls Leslie Mahaffy and Kristen French.

Clifford Olson: He was convicted in 1982 of killing 11 children. He may have killed more.

Russell Williams: The former commander of CFB Trenton, an air force colonel, was convicted of killing two women in 2010 near the eastern Ontario base.

Marie-Anne Houde: She was convicted of murdering her stepdaughter Aurore Gagnon, 11, in Fortierville, Que., in 1920.

Wayne Boden: The "Vampire Rapist" was convicted in 1972 of raping and killing three women in Montreal and one in Calgary. THE CANADIAN PRESS

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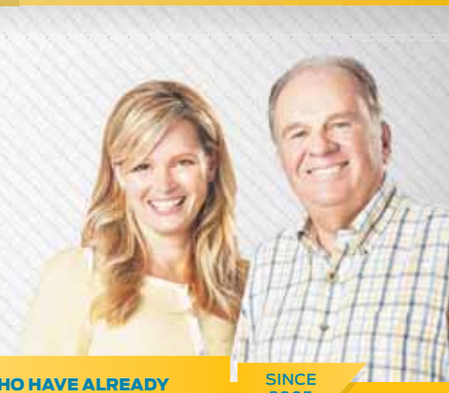

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‘The white widow’ wanted in connection with terrorist plot

Samantha Lewthwaite. She’s the daughter of a former British soldier, was born in Northern Ireland and grew up northwest of London

The tabloids call her “the white widow,” a Northern Ireland-born Muslim convert who was married to one of the suicide bombers in the 2005 attack on London’s transit system. And for days now, the British media have been rife with speculation she took part in the terrorist takeover at a Nairobi shopping mall.

On Thursday, Interpol, acting at Kenya’s request, issued an arrest notice for 29-year-old fugitive Samantha Lewthwaite — not in connection with the mall attack, but over a 2011 plot to bomb holiday resorts in Kenya.

If Lewthwaite indeed embraced the jihadi cause, it would mark a chilling turnaround for the apparently grieving widow who originally condemned the London transit bombings and criticized her late husband, Jermaine Lindsay, for taking part.

Officials have not made public any evidence linking her to the mall attack. The Interpol notice did not mention it. And al-Shabab, the Somali Islamic extremist group behind the takeover, denied any female fighters participated.

Interpol’s “red notice” for Lewthwaite said she is wanted on charges of possessing explosives and conspiracy to commit a felony in December 2011. THE ASSOCIATED PRESS

A view of a laptop computer screen showing the Interpol website, which features a “red notice” for the arrest of Samantha Lewthwaite, inset. She is wanted on charges of possessing explosives and conspiracy to commit a felony. OLI SCARFF/GETTY IMAGES; INSET: GETTY IMAGES

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Ex-president convicted of war crimes

Historic verdict. Liberia's Charles Taylor the first head of state convicted by international war crimes court in decades

More than a decade after fuelling a murderous campaign of terror in Sierra Leone by supplying rebels with arms, Charles Taylor was definitively convicted and imprisoned Thursday for 50 years, in a ruling that finally delivered justice for victims.

The appeals chamber of the Special Court for Sierra Leone upheld the 65-year-old former Liberian president's conviction on 11 counts of war crimes and crimes against humanity, including terrorism, murder, rape and using child soldiers. Taylor is the first former head of state convicted by an international war crimes court since the Second World War and Thursday's confirmation was welcomed as underscoring a new era of accountability for heads of state.

"This is a historic and momentous day for the people of Sierra Leone and the region," UN Secretary General Ban Ki-moon said in a statement.

"The judgment is a significant milestone in international criminal justice, as it confirms the conviction of a former head of state for aiding, abetting and planning war crimes and crimes against humanity."

THE ASSOCIATED PRESS

Charles Taylor's lawyer Morris Anyah speaks to media after the verdict at the Special Court for Sierra Leone on Thursday. KOEN VAN WEEL/THE ASSOCIATED PRESS

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Dominican Republic

Many Haitians stripped of citizenship

The Dominican Republic's top court on Thursday stripped citizenship from thousands of people born to illegal migrants, a category that overwhelmingly includes Haitians brought from their neighbouring homeland to work on farms. The decision cannot be appealed, and it affects all those born since 1929.

THE ASSOCIATED PRESS

By the numbers

The Constitutional Court's ruling says officials are studying birth certificates of more than 16,000 people.

- **40,000** people of Haitian descent have been refused identification documents.
- **500,000** Haitian migrants now live in the Dominican Republic.
- The population in the Dominican Republic is **more than 10 million.**

Prince Harry to the rescue

Prince Harry attends a reception for MapAction at the Royal Society in central London, Thursday. MapAction's service is unique. It's the only non-governmental organization with a capacity to deploy a fully trained and equipped humanitarian mapping and information management team anywhere in the world, often within just hours of any disasters. IAN VOGLER/THE ASSOCIATED PRESS

Rare photo of an eagle attacking a deer

In this photo taken by a remote camera set up to track Siberian tigers at a nature reserve in the Primorye region of Russia's far east in 2011, a golden eagle attacks a deer. This is one of three photos snapped as the massive bird, which typically eats small birds and mammals, dug its talons into the animal.

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Woman 'humiliated' in medical exam, court martial told

Court martial. Retired petty officer 2nd class James Wilks faces 26 sexual-assault and breach-of-trust charges involving 16 women

A former military medical technician left women feeling uncomfortable and even "humiliated" after he touched or looked at their breasts during physical examinations, a court martial heard Thursday.

The second day of a court martial for James Wilks, a petty officer second class who is now retired, featured the testimony of several women who described similar experiences of having their breasts and nipples fondled during exams.

Their identities are protected under a publication ban.

Former military medical technician James Wilks at his court martial. FRED CHARTRAND/THE CANADIAN PRESS

One of the women said Wilks ordered her to expose her breasts so he could touch them during a physical exam.

She said he spent a minute or two touching her breasts before ordering her to pull up her hospital gown and get off the examination table.

The woman choked up several times as she spoke.

She described how Wilks then told her to bend over and touch her toes while she was wearing only the gown and her underwear.

She said he ordered her to keep her hands on her toes when she tried to keep her loose-fitting underpants from slipping. Wilks pulled up her underpants and held her gown as she was bent over, the court martial heard.

"I was humiliated," she said.

She told the court martial Wilks was "very firm" and didn't give her the impression a breast exam was optional. She described him as "intimidating."

Maj. David Hodson, who represents Wilks, accused the witness of fabricating the episode. Wilks faces 26 sexual-assault and breach-of-trust charges involving 16 women over six years. THE CANADIAN PRESS

Cross-border energy.
Harper talks tough in New York on pipeline

Canada won't "take no for an answer" from the U.S. when it comes to the Keystone XL pipeline, Prime Minister Stephen Harper said Thursday.

The logic in support of the project going ahead is "overwhelming," and governments at all levels on both sides of the Canada-U.S. border are endorsing it, Harper told a high-powered business audience in New York.

"My view is that you don't take no for an answer," Harper said. "We haven't had that. If we were to get that, that won't be final. This won't be final until it's approved and we will keep pushing forward."

Harper also dismissed the divide between his government and the White House over projections of how many jobs Keystone XL will create. THE CANADIAN PRESS

Stephen Harper delivers remarks in New York. ADRIAN WYLD/THE CANADIAN PRESS

Justice minister

Cyberbullying bill coming soon

Justice Minister Peter MacKay says the Tories will introduce new legislation in the fall to fight cyberbullying.

MacKay was at the Canadian Centre for Child Protection in Winnipeg to make a donation to mark the birth of Prince George.

MacKay says the whole nation has been touched by the death of a 15-year-old Saskatchewan boy who was apparently driven to suicide because of bullying. THE CANADIAN PRESS

Arctic Ocean

Chopper wreck recovered

The Coast guard says it has recovered a helicopter that crashed and sank in the icy Arctic Ocean, killing three men.

Two ships worked to recover the wreckage of the chopper that went down Sept. 9 in M'Clure Strait. THE CANADIAN PRESS

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Colin Ford:
In tune with youth

STEPHANIE ORFORD
For Metro

After a storied music career, including studying classical composition, countless guitar performances and working in the professional music business in Los Angeles, Colin Ford has found that one of the most inspiring things about music is helping others make it.

Ford works two days every week as the media programs facilitator of Directions — a centre for homeless youth in the heart of downtown Vancouver, operated by Family Services of Greater Vancouver.

He helps street-entrenched youth make music.

At first, it was just Ford and a couple guitars. But as donations rolled in, Ford and the Directions team were able to assemble an official recording studio.

John Kehler, a senior worker with the day program at Directions, has been working with Ford since Directions opened in 2005.

Kehler says he often sees youth arrive at Directions unsure and disengaged, but before long the recording studio and Ford's encouragement started to work wonders.

"He's easy to approach. He's non-judgmental," Kehler said of Ford. "Colin's been really good at creating that environment where people feel comfortable trying new things."

"The arts are a gateway to confidence," Ford said. "The end result is that you're going to end up with some youth that can try other things. Sometimes it might be housing. It might be getting their Grade 12. It might be as simple as making new friends.

"It's a long journey and the most important thing is to have that unwavering support they need to succeed."

Some days at the centre that sense of accomplishment comes through loud and clear.

"I've been working 30, 40 feet away and you can hear people belting all the songs (from the music room)."

One of the most prolific youth in the program started five years ago as quiet, shy and unsure of himself, Ford said.

"Fast-forward to now — he records about one to two songs, on average, a week. I couldn't be prouder of him."

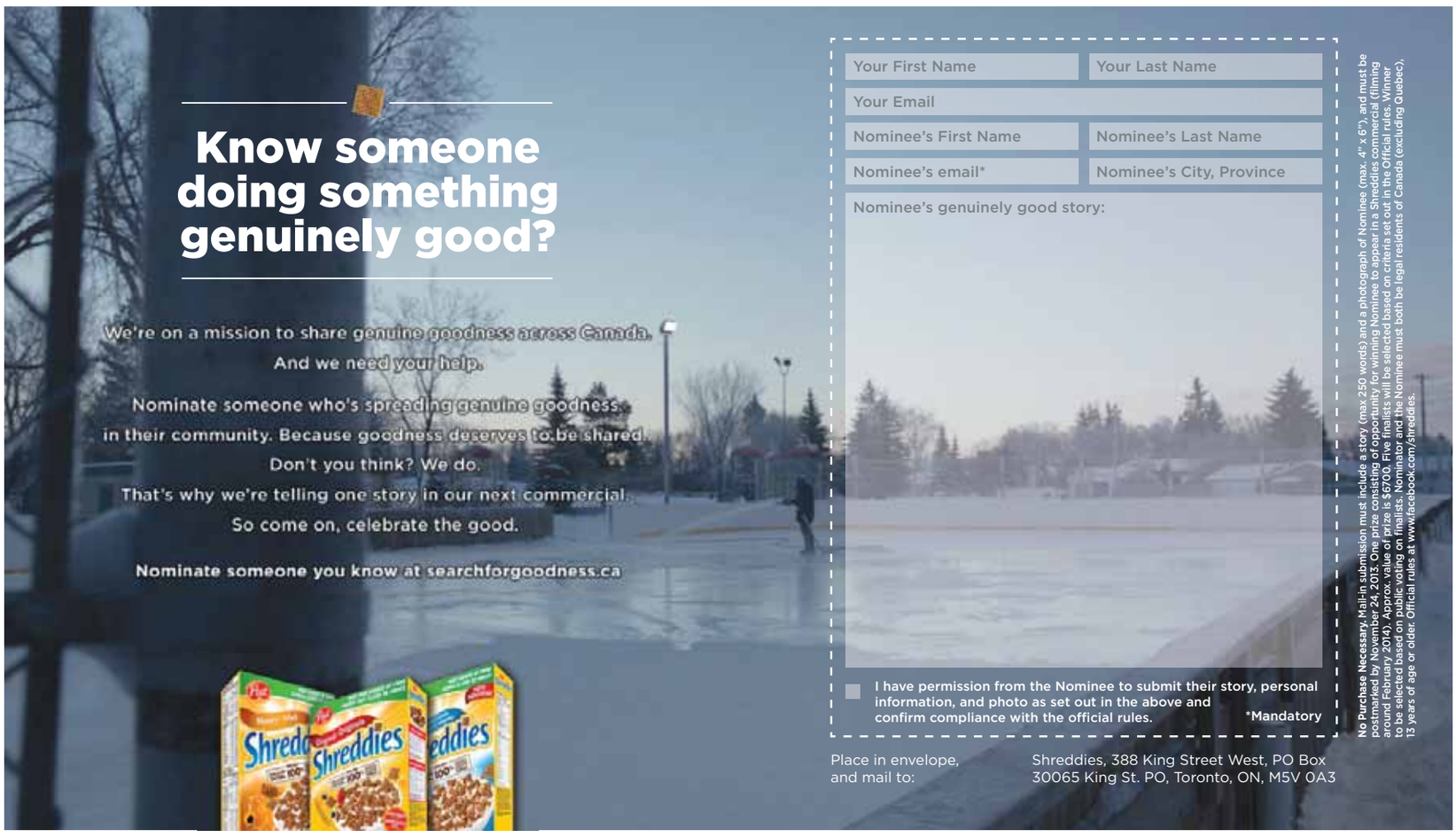
At Slice Night, an event Directions holds where youth can share their music, "he was so nervous to get on stage," Ford said. But by the time he had finished, the applause was deafening.

"(Afterwards) he was doing the whole hip-hop pose," Ford recalled with pride.

Ford went up and congratulated him.

"I said, 'Don't you ever forget what happened here today. You succeeded, you did a great job, and nothing will ever change that.'"

Colin Ford has found that one of the most inspiring things about music is helping others make it. CONTRIBUTED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Twitter, YouTube and other digital platforms are changing the way companies in Canada do business, as well as creating jobs and adding economic value, a new report says. PHOTO ILLUSTRATION DAVID VAN DYKE/METRO

Digital giants contribute $7.3B to Canuck economy

New report. Industry also faces challenges including lack of R&D and skilled workers

Facebook, YouTube and other digital platforms contribute $7.3 billion a year to Canada's economy and employ nearly 80,000 people, a report says.

Whether they're being used to disseminate music, provide remote access to health care or interact with customers, digital platforms are transforming businesses and creating efficiencies, the report called Canada's Digital Imperative: Measuring Digital Platforms' Labour Market and Economic Impact.

However, the industry also faces challenges, including constraints on corporate resources, lack of skilled workers, and inadequate research and development, the report by the Information and Communications Technology Council found.

"Digital platforms are increasingly providing enterprises with greater connectivity, resulting in profound changes in the way they do business and create and deliver digital content," the report said.

The report defines digital platforms as anything that allows content producers and consumers to interact, including social media such as Facebook, user-generated content such as YouTube and meeting applications such as WebEx.

New jobs

22,000

The industry is expected to double within five years to $14.8 billion a year in revenue, while employment is expected to increase by more than one-quarter, creating 22,000 new jobs by 2018, the report estimates.

The industry is expected to double within five years to $14.8 billion a year in revenue, while employment is expected to increase by more than one-quarter, creating 22,000 new jobs by 2018, the report estimates.

Most of the revenue and jobs are attributed to companies that have adopted digital platforms. Canadian companies that provide digital-platform services represent less than 20 per cent of the sector, the report said.

Three-quarters of Canadian businesses say they use at least one digital platform for communicating either with staff or customers or suppliers, the study found. Nearly half said using digital platforms helped cut costs. Half also said digital platforms significantly improved customer service.

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Social media

Twitter, NFL ink deal to show football videos

The National Football league has struck a deal to show game highlights and other video content on Twitter ahead of the micro-messaging service's initial public offering of stock.

The deal is part of Twitter's Amplify program, which lets TV broadcasters show ad-supported video clips in users' Twitter feeds as users discuss what they are watching on TV. Other partners include The Weather Channel, the National Basketball Association, Warner Music and CBS.

The NFL and Twitter said Thursday that the deal will let football fans interact with NFL video content created specifically for Twitter — on computers, tablets or mobile devices. Content will include highlights from NFL Network's Thursday Night Football and clips from other regular-season and post-season games, along with news, analysis and fantasy-football advice. THE ASSOCIATED PRESS

The NFL said this is the first time it has partnered with a social-media company. THE ASSOCIATED PRESS FILE

Telecom

Rogers, Sprint to offer wireless system in cars

Rogers Communications and U.S. wireless carrier Sprint Corp. say they will offer Canadians high-speed Internet access in their vehicles through a new service announced Thursday.

They said the service will be available from auto manufacturers that deploy Sprint's Velocity system in Canada and it will leverage Rogers' wireless networks to connected vehicles on the road.

Vehicles with Sprint Velocity — which has already been deployed in the United States — will have access to news, sports scores, weather alerts, driving directions and vehicle diagnostics via an in-dash touch screen, they say.

Sprint Velocity also provides connectivity for mobile devices in the car including smartphones and tablets. THE CANADIAN PRESS

Market Minute

DOLLAR 96.96¢ (unchanged)

TSX 12,841.62 (+4.91)

OIL $103.03 US (+37¢)

GOLD $1,324.10 US (-$12.10)

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U.S., Japan sign organics deal

An agreement announced Thursday between the United States and Japan will allow organic products to be certified in one of the countries and sold as organic in both. JUSTIN SULLIVAN/GETTY IMAGES

The United States and Japan have agreed to make it easier to import each other's organic products, the latest step in a global effort that could give consumers access to more — and cheaper — organic food.

The U.S. Agriculture Department announced an agreement Thursday that will allow organic products to be certified in one of the countries and be sold as organic in both. Producers will be able to sell their products in both countries without going through the lengthy process of getting certified twice.

The agreement is similar to a 2009 deal with Canada and a 2012 deal with the European Union. Agriculture officials say they are looking at agreements with other countries — South Korea, and possibly India, Brazil and Mexico down the road — that could also make it easier for U.S. organic farmers to sell abroad.

The result could be a flow of new products to the U.S. market and higher profits for U.S. organic producers. According to USDA, the most popular organic imports from Japan are green tea, organic sakes and organic mushrooms. The department said the Canadian agreement has increased exported organic grains to the United States, and the European pact has increased sales of their organic wines and olive oils in the U.S.

The U.S. exports many more organics to Japan than it imports from the country, and officials say the agreement will be a boost for the burgeoning U.S. industry — one of the fastest-growing sectors of agriculture. THE ASSOCIATED PRESS

Sales to Japan

$80M

Annual organic sales to Japan from the United States now total around $80 million US, and the USDA estimates the new agreement could more than triple that amount to $250 million US a year over the next 10 years.

GLOBAL CHANGE NO SMALL GRATIFRY

THE METRO LIST

Neil Morton
metronews.ca

1 Social Good Summit. This conference in New York was trending on Twitter under the hashtag #2030now. It focuses on the innovative role new media can play in shaping long-term, sustainable solutions to the planet's ills, from human rights to poverty. Actor/social do-gooder Ian Somerhalder was on one panel and said we can use social media "to create quantifiable change globally." Let's do it.

2 Terry Fox. Canada's national treasure, who has inspired generations with his Marathon of Hope to raise awareness and money for cancer research, was inducted into Canada's Walk of Fame Saturday. The fight on Terry's behalf will continue until a cure is found. You can watch the Walk of Fame Awards on Oct. 27 on Global.

3 #WeirdEmmys. The Emmys were trippy and awkward, starting with Will Arnett's orange-glow tan and continuing with the curious picks for winners and the, er, lifeless tributes to recently deceased actors. Many people ended up switching to Breaking Bad or, in my case, to the season premiere of Battle of the Blades on CBC. Or it just put them to sleep before they could even channel-surf.

4 Dream Job. Richard Peddie, the former CEO of Maple Leaf Sports and Entertainment, has a new book, Dream Job, coming out Oct. 22. It promises to take us behind the scenes at MLSE and inside the boardrooms and dressing rooms of major-league sports. This is a must-read — but one I wish included a chapter on a Stanley Cup or NBA title run for the Leafs and Raptors.

5 Agents of S.H.I.E.L.D. Marvel's newest TV series, an offshoot of The Avengers, premiered Tuesday on ABC to great ratings — fuelled by a buzz campaign that saw it achieve one million fans on its Facebook page before it even aired, apparently a new record for a series launch. Further proof that everything good can be traced back to social media.

6 Dragons' Den season 8. The iconic Canadian show that has inspired countless entrepreneurs begins its eighth season next Wednesday (Oct. 2) at 8 p.m. on CBC. Special episodes this year include an only-in-Canada episode highlighting products that only Canucks could have drummed up. Such as scrotum lotion. I'm scratching my head wondering why I didn't come up with that first.

7 River Phoenix. A book called Last Night at the Viper Room, due out in October, tells the life and death story of acclaimed actor River Phoenix at age 23 in 1993. The teen idol (Stand By Me) died of a drug overdose in front of the West Hollywood club. What Cory Monteith was to the tweens/teens of this generation, River was to those of his generation.

8 Breaking Bad. The finale of this show, considered one of the best dramas ever, is this Sunday on AMC. Now that it's over, I think it's about time I start watching this show and discover how remarkable Bryan Cranston is.

9 Anna Faris. It's always amusing to see people get on Twitter and figure out how it works. Like actress Anna Faris, who started tweeting recently, and had gems like "What the heck is retweeting? And why does it feel so good?" And then there was "I feel like the world needs to know that mayonnaise is my favorite condiment #amisupposedtohastageverytime."

10 Gratifries. You can now get a Whopper with lower-fat french fries, as Burger King is introducing Gratifries, which have 40 per cent less fat and 30 per cent fewer calories than rival fast-food fries. Now McDonald's has to introduce a GratiMac to answer the bell.

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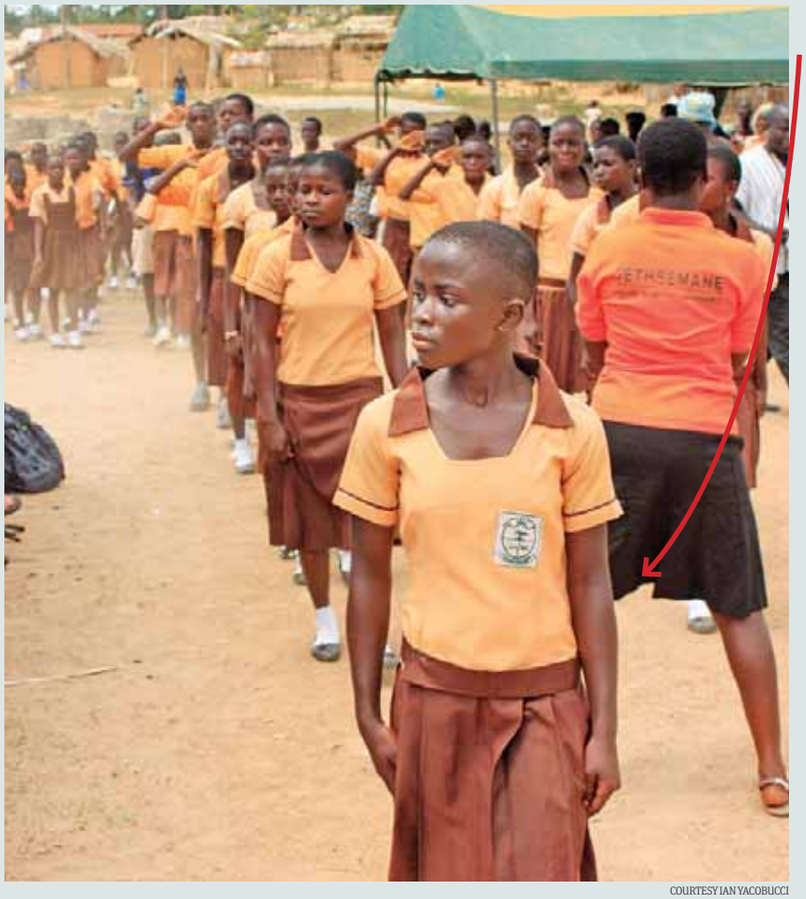
ZOOM

Ghana students walk the walk



COURTESY IAN YACOBUCCI

Breaking through child labour in Africa

At first glance it looks as though these students share the same struggles as any other student: homework assignments, curfew and chores.

But in actual fact they have worked hard with their community for the chance to obtain an education in a village that is plagued with child labour in the oil-palm industry.

One-third of children in Nyameyiekrom, in the western region of Ghana, cannot attend school because they are needed to chop oil-palm fruits with heavy, bladed poles by climbing high up the trees. METRO

Free the Children

- In 2008, the community of Nyameyiekrom built a small school out of bamboo for four teachers and 288 students.
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Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

COURTESY GINO SANTA MARIA

Whether you watch the show or not, a glance at Twitter or eavesdropping on co-worker conversations makes it perfectly clear we've hit peak Breaking Bad. If you do watch the series, there's going to be a substantial hole to fill your free time with after Sunday's finale. These will do the trick.

Orphan Black:

The other performance/show certain folks couldn't stop talking about this year was the mighty Tatiana Maslany swapping costumes and characters as if she were brushing away a fly in this Toronto-based sci-fi clone mystery. (Available for purchase on iTunes)

Peep Show:

We don't know what's in store for us Sunday night, but we can all be pretty confident it will be bleak. Cleanse the palate by mean of one of the U.K.'s funniest shows. A simple Odd Couple setup shot entirely from the characters' first-person perspective, it's an endlessly entertaining parade of bad behaviour and poor life decisions. (Streaming on Netflix)

House of Cards:

No, not the Kevin Spacey joint that peppered bus stops and subway stations when it debuted a while back. Head for the BBC original, where the increased subtlety of the scheming nicely reflects the difference between the U.S. and British political systems. (Streaming on Netflix)

Twitter

@metropicks asked: A glitch in the Apple map app directs drivers to the Alaska airport runway. Are we becoming too dependent on technology?

@AidanNg: Technology is invented to assist and not to be blamed. We as users, are. There's a difference between being dependent and lazy

@sheldoncoelho: No, we're becoming too dependent on Apple products.

@nmilaire: This is why I stick with Google maps

@PXAbstraction: When you pay hundreds for a phone, it should do its job properly. But people should pay bloody attention.

@AlexGoatcher: I work in a visitor centre & the amount of people who are map illiterate scares me. They ask for addresses for mountains & lakes

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: vancouverletters@metronews.ca

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Synopsis

When we first meet Niki Lauda (Daniel Brühl) and James Hunt (Chris Hemsworth) they are third stringers, talented Formula Three drivers desperate for a chance to move up to the big show. Bad blood flows between the two, stemming back to an incident when Hunt edged Lauda off the track the first time they faced off against one another. Cut to the 1976 Formula One season. Lauda seems unstoppable, until tragedy strikes and Lauda is badly burned in a fiery crash. During his recuperation Hunt rises in the ranks, leading to a showdown for the World Championship at the Japan Grand Prix.

- Richard: ●●●●○
- Mark: ●●●○○

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Rush keeps the sappy on the sidelines and lets the racing do the driving. CONTRIBUTED

Some spark, some fumes

Rush. Ron Howard's race flick leaves the romantic storyline in the pit and allows the realism of those hairpin turns to tell the story

Richard: Mark, in some ways Rush is a paint-by-numbers story — Formulaic One, maybe? — of opposites.

Lauda and Hunt face off in predictable ways — the kind of thing we've seen in other sports films — but the film really takes off in its second half when the characters show some growth and the racing scenes take centre stage.

Director Ron Howard takes us inside the cars — literally.

The races are exciting, visceral and as close as I'll ever get to rounding a hairpin curve at super sonic speeds. What did you think?

Mark: The races are well done, no doubt.

But there has to be more, and often there is. I loved the groovy Euro-'70s milieu of the movie, the sensuality of the cars themselves, and the behind-the-scenes politics of the Formula One game. But the movie is episodic, and lacks — wait for the pun — narrative drive.

Chris Hemsworth is an arrogant rogue in the Lightning McQueen mode, but Daniel Brühl plays a rival racer with the soul of an actuary.

Neither of them are exactly nice guys; in fact, they're a couple of grand prix.

RC: Ha! I liked Brühl.

It would have been easy to play Lauda as a one-note egotist, but as his character finds his passion after the horrific accident, Brühl adds complexity, bringing him to life as a fully rounded man.

Hemsworth hammers it home, proving there is more to him than playing superhero Thor in The Avengers movies, but I really thought Brühl showed the most range.

MB: Burning half your face off will often give you that range.

He goes from a man who won't smile to one who can't smile.

But he's also an unsympathetic martinet for a lot of the movie, and I kept waiting for Ron Howard to go back to the Hemsworth story, which was more fun. How do you think the movie stacks up against classic racing movies like Le Mans or Winning?

RC: I think it compares well to movies like Winning, Grand Prix and Days of Thunder, but the racing flick it has most in common with has to be Le Mans, just for sheer speed-demon spirit. Remember Steve McQueen's famous quote about racing? "Anything that happens before or after ... is just waiting."

MB: A good quote indeed. I thought Rush was a bit more realistic than the other movies, less romanticized, and had the balance of storyline and racing just about right.

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Comedy

Don Jon

Director. Joseph Gordon-Levitt

Stars. Joseph Gordon-Levitt, Scarlett Johansson

For a first attempt at writing and directing a movie, Don Jon is a promising peek at what Joseph Gordon-Levitt may have up his sleeve. In the case of this R-rated inception into filmmaking, it's a profane portrayal of a young porn-addicted Romeo who falls for the seemingly ideal woman (Scarlett Johansson).
As the film progresses, Gordon-Levitt's storyline slumps a bit by repetition, but compelling performances (and a couple clever cameos) definitely compensate this crass comedy.

STEVE GOW

Documentary

Metallica: Through the Never

Director. Nimrod Antal

Stars. Metallica, Dane DeHaan

It is difficult to imagine how anyone who's not already a fan might care about Metallica: Through the Never (although a band that has sold 100 million albums globally has a pretty solid base).
In what's essentially a 90-minute music video, the concert film weaves a strong riot-themed narrative amidst the metal legends' greatest hits.
While filmmaker Nimrod Antal makes it all palatable on the screen, you'll still feel pretty assaulted by the monotony — unless you're a metal-head.

STEVE GOW

Animation

Cloudy With a Chance of Meatballs 2

Directors. Cody Cameron & Kris Pearn

Stars. Bill Hader, Anna Faris

After destroying his water-into-food machine, Flint Lockwood (Bill Hader) assumes his hometown is safe from oversized food. But soon after accepting a job from his hero Chester V (Will Forte), Flint learns that his malfunctioning machine is creating a new menace: food animals. And once again, Flint and his gang must save Swallow Falls. What this fun, imaginative sequel may lack in premise, it makes up for in fantastic animation, wild inventions and even wilder "foodimals." **REGAN REID**

Drama

Enough Said

Director. Nicole Holofcener

Stars. Julia Louis-Dreyfus, James Gandolfini

A confused L.A. masseuse meets a man at a party and begins an unlikely romance. That same night, she meets a woman she feels could be a good friend. But when she discovers their relationship, she can't withdraw. Julia Louis-Dreyfus is the deceitful masseuse, trapped in a selfish desire to have a friend and a boyfriend. Dreyfus is charming and zany and really wants to be mature, but watching James Gandolfini break his own mould to play a sensitive romantic and stretch in new ways is especially bittersweet.

ANNE BRODIE

DVD. Iron Man 3 writer puts his own mark on the franchise

Despite writing its script, Drew Pearce wishes Iron Man 3 could have featured more Jon Favreau, who plays Happy Hogan in the blockbuster.

There was a lot of Favreau in the first two films, which follow billionaire Tony Stark, who moonlights as a superhero. Favreau also directed the two movies before being replaced by Shane Black, who co-wrote the script with Pearce.

So you can forgive Pearce for forgetting he and Black actually cut some of the former director's scenes from the film.

"There are things that are cut in the final two weeks because that's when you make some of your biggest editorial decisions. ... So Shane and I will be talking and forget that a scene like Jon's didn't even make it in the movie."

Iron Man 3 comes out on Blu-ray and DVD on Tuesday.

Games

Angry Birds Star Wars II

MIND THE APP
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Yoda may finally be in the slingshot for this Star Wars-themed sequel, but it's the Emperor (voiced by Ian McDiarmid) who steals the show with "pork side" cackles.

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Floating over adversity: Bullock displays gravitas in new space film

Gravity. Star of Speed, The Heat learns to convey more with less in a weighty role about a weightless astronaut

IN FOCUS
Richard Crouse
scene@metronews.ca

"I think we need to make another movie about how we made this movie," says Sandra Bullock on the filming of Gravity, her new lost-in-space film.

The Heat star plays Dr. Ryan Stone, an astronaut untethered from her space shuttle following a debris storm. Cut loose from her space partner (George Clooney) and her ride to Earth, she drifts through the inky darkness until discovering a way to survive.

"The film is about adversities, and we were going through adversities," says director Alfonso Cuarón. "Everything was a big challenge."

Technically, the shoot was arduous. Recreating the zero-gravity of space required Bullock to learn to move at 30 per cent of her usual speed, and to be trussed up like a marionette on a 12-wire system and other torturous devices.

"We had a consultant from Guantanamo Bay come in," jokes Cuarón.

Emotionally the shoot also presented issues. How could Bullock portray the impassioned inner life of the character when covered with a helmet and spacesuit for much of the performance?

"I think every actor will tell you that they are always panicked about being able to convey something with the least amount of preciousness," she says. "If all you have are your eyes or your face, just feel it truthfully. For me, I didn't think about being behind the visor. It was still my whole body feeling it.

Sandra Bullock in a scene from Gravity. COURTESY WARNER BROS. PICTURES

"But a lot of times you'd feel yourself emoting something and they'd say, 'No, we didn't see anything.' I just had to trust in what (Cuarón) saw. I saw nothing. I heard nothing. I had him in my head and I just had to trust that.

"It's a weird profession. You have to unscrew your head and screw on this other head of what this other person is going through and you go, 'Wow, that's not a pretty place to live all day.'"

Working with Clooney, who she's known since before they both were famous, also provided support.

When she was having trouble with a particular scene, Clooney sent an email with a some suggestions on how to make it work. "It's not my business," he wrote, "so throw this in the trash or use it."

As it turns out, his ideas were bang-on. "That's the gift of knowing someone for so long," she says. "He gives you gold tidbits like that. It's sweet."

THESE PAGES COVER MOVIE START TIMES FROM FRI., SEPT. 27 TO THURS., OCT. 3 TIMES ARE SUBJECT TO CHANGE.

Dunbar Theatre
4555 Dunbar Street

Cloudy With a Chance of Meatballs 2 3D (G) Fri 2:15-4:30-7-8:55 Sat-Sun 12-2:15-4:30-7-8:55 Mon-Thu 4:30-7-8:55

Fifth Avenue Cinemas
2110 Burrard Street

Enough Said (PG) Fri-Thu 1:15-4:15-7:15-9:45
The Family (14A) Fri-Thu 3:45-9:40
In a World... (PG) Fri-Thu 1:30-7
Lee Daniels' The Butler (PG) Fri-Tue 12:30-3:30-6:30-9:35 Wed-Thu 12:30-3:30-9:35
Prisoners (14A) Fri-Thu 1-4:30-8:30
Salinger (PG) Fri-Thu 12:40-6:45
The Spectacular Now (14A) Fri-Thu 4-9:15

Pacific Cinémathèque
1131 Howe Street

Vancouver Film Festival (STC) Fri-Thu

Park Theatre
3440 Cambie Street

Blue Jasmine (PG) Fri 4:35-6:50-9:05 Sat 2:20-4:35-6:50-9:05 Sun 2:20-4:35-6:50-9 Mon-Thu 4:40-6:50-9

Rio on Broadway
1660 E. Broadway

All Is Lost (G) Fri 6:45 Sun 4
Apocalypse: A Bill Callahan Tour Film (STC) Mon 4:30
The Dirties (STC) Mon 9:15
A Field in England (STC) Sat 11:30
The Last Ocean (STC) Fri 4:30
Leap 4 Your Life (STC) Mon 6:30
My Prairie Home (STC) Sun 9:15
Rhymes for Young Ghouls (STC) Sat 9
That Burning Feeling (STC) Sun 6:30
Three Days in Havana (STC) Sat 6:15
Tom at the Farm (STC) Fri 9:15
Vancouver International Film Festival (STC) Tue-Thu
Le Week-end (STC) Sat 4
Willow Creek (STC) Fri 11:30

Scotiabank Theatre
Vancouver 900 Burrard St.

Battle of the Year 3D (PG) Fri 2-4:40-7:20-9:55 Sat-Sun 2:15-4:50-7:30-10:10 Mon-Thu 2-4:50-7:30-10:10
Def Leppard Viva Hysteria Concert (STC) Wed-Thu 7:30
Don Jon (18A) Fri 1:10-3:30-5:50-8:05-10:30 Sat 1:10-3:30-5:50-8:10-10:30 Sun 12:10-1:10-3:30-5:50-8:10-10:30 Mon-Thu 1:15-3:30-5:50-8:10-10:30
Elysium (14A) Fri 1:55-4:30-7:05-9:50 Sat-Sun 2:30-5:10-7:45-10:25 Mon 1:35-4:10-9:50 Tue 1:55-4:30-7:05-9:50 Wed 1:55-4:30-10:25 Thu 1:55-4:30-7:05
The Family (14A) Fri 2:15-4:55-7:35-10:25 Sat-Sun 12:05-2:40-5:20-8-10:40 Mon-Thu 2:15-5-7:40-10:25
Gravity (PG) Thu 10
Insidious: Chapter 2 (14A) Fri 2:45-5:20-7:55-10:35 Sat-Sun 12:25-3-5:30-8:05-10:40 Mon-Thu 2:10-4:40-7:15-9:55
National Theatre Live: Othello - Encore (STC) Sat 10:30
Prisoners (14A) Fri 1-2:25-4:15-5:45-7:30-9-10:45 Sat-Sun 12-12:40-3:20-3:55-6:40-7:15-10-10:35 Mon-Tue 1:30-3:35-5:05-7-8:30-10:20 Wed 1:30-3:35-5:05-7:05-8:30-10 Thu 3:35-7-10:20
Rush (14A) Fri 2:10-5-7:50-10:40 Sat-Sun 2:10-5-7:50-10:45 Mon-Thu 1:25-4:25-7:20-10:15
We're the Millers (14A) Fri 1:50-4:25-7-9:40 Sat-Tue 2:05-4:45-7:25-10:05 Wed 2:05-4:45-10:05 Thu 2:05-4:40-10:05

Esplanade 6
200 West Esplanade

Cloudy With a Chance of Meatballs 2 (G) Fri 6:40 Sat-Sun 12:40-3:40-6:40 Mon-Thu 6:40
Cloudy With a Chance of Meatballs 2 3D (G) Fri 7-9:20 Sat-Sun 1:10-4:10-7-9:20 Mon-Thu 7-9:20
The Family (14A) Fri-Thu 6:55-9:30
Lee Daniels' The Butler (PG) Fri 6:30-9:25 Sat-Sun 12:30-3:30-6:30-9:25 Mon-Thu 6:30-9:25
Planes (G) Sat-Sun 12:50-3:50
Prisoners (14A) , Fri 7:45 , Sat-Sun 12:35-4:15-7:45 , Mon-Thu 7:45
Rush (14A) , Fri 6:50-9:45 , Sat-Sun 1-4-6:50-9:45 , Mon-Thu 6:50-9:45
We're the Millers (14A) Fri-Thu 9:35

Park & Tilford
333 Brooksbank Ave.

The Art of the Steal (14A) Fri 7:30-9:55 Sat-Sun 2:20-4:45-7:30-9:55 Mon-Wed 7:30-9:55 Thu 7:30 Star & Strollers Screening Thu 1
Battle of the Year 3D (PG) Fri 7-9:30 Sat-Sun 1:40-4:20-7-9:40 Mon-Thu 7-9:30
Blue Jasmine (PG) Fri 7:05-9:35 Sat-Sun 1:30-4:10-6:45-9:20 Mon-Thu 7:05-9:35
Despicable Me 2 3D (G) Sat-Sun 2
Don Jon (18A) Fri 7:40-10 Sat-Sun 3-5:20-7:40-10 Mon-Thu 7:40-10 Star & Strollers Screening, Thu 1
Insidious: Chapter 2 (14A) Fri 7:10-9:40 Sat-Sun 2:30-5:05-7:35-10:05 Mon-Thu 7:10-9:40
Percy Jackson: Sea of Monsters 3D (PG) Fri 7:20-9:50 Sat-Sun 4:40-7:20-9:50 Mon-Tue 7:20-9:50 Wed 9:50 Thu 7:20-9:50
Runner Runner (14A) Thu 10

SilverCity Riverport
14211 Entertainment Way

The Art of the Steal (14A) Fri-Sun 12:55-3:15-5:35-7:55-10:15 Mon-Wed 1:50-4:25-6:50-9:40 Thu 1:50-4:25-6:50
Battle of the Year 3D (PG) Fri-Sun 2:05-4:45-7:25-10:05 Mon-Thu 1:50-4:35-7:15-10:05
Besharam (STC) Wed 5:05-8:30 Thu 1:45-5:05-8:30
Cloudy With a Chance of Meatballs 2 (G) Fri 1:55-4:30-6:55 Sat 11-1:55-4:30-6:55 Sun 1:55-4:30-6:55 Mon-Tue 1:55-4:15-6:55 Wed 1:35-3:55-7:50 Thu 4:15-6:55 Star & Strollers Screening, Thu 1
Cloudy With a Chance of Meatballs 2 3D (G) Fri 12:25-2:50-5:15-7:40-10:10 Sat 11:40-12:25-2:50-5:15-7:40-10:10 Sun 12:25-2:50-5:15-7:40-10:10 Mon-Thu 2:30-5-7:20-9:45
Def Leppard Viva Hysteria Concert (STC) Wed-Thu 7:30
Despicable Me 2 (G) Fri 1:45 Sat 11-1:45 Sun-Thu 1:45
Don Jon (18A) Fri-Sun 1:10-3:30-5:50-8:10-10:30 Mon-Thu 2:40-5:10-7:50-10:10
Elysium (14A) Fri-Sun 12-2:40-5:20-8:05-10:45 Mon-Tue 2-4:50-7:35-10:10 Wed-Thu 2-4:40-10:10
Enough Said (PG) Fri-Sun 12:20-2:45-5:10-7:35-10:05 Mon-Wed 2:45-5:10-7:35-10 Thu 5:10-7:35-10 Star & Strollers Screening, Thu 1
The Family (14A) Fri-Sun 12:05-2:40-5:20-7:55-10:30 Mon-Thu 1:45-4:20-7-9:35
Gravity 3D (PG) Thu 10:20
Insidious: Chapter 2 (14A) Fri-Sun 12:30-3-5:30-8-10:35 Mon-Thu 2:25-5:15-7:50-10:25
Lee Daniels' The Butler (PG) Fri-Sun 12:50-4:05-7:10-10:20 Mon-Thu 1:35-4:30-7:30-10:30
Metallica: Through the Never — An IMAX 3D Experience (STC) Fri-Sun 1:40-3:55-6:10-8:25-10:40 Mon-Thu 1:30-3:45-6-8:15-10:30
My Lucky Star (PG) Fri-Sun 1:20-4:10-7-9:55 Mon-Thu 1:40-4:25-7:10-9:55
National Theatre Live: Othello - Encore (STC) Sat 6
Percy Jackson: Sea of Monsters (PG) Fri-Sun 11:55 Mon-Thu 2:20
Percy Jackson: Sea of Monsters 3D (PG) Fri-Sun 2:30-5:05-7:45-10:25 Mon-Tue 5:05-7:40-10:15 Wed 5:05-10:15 Thu 5:05-7:40
Planes (G) Fri 12:05 Sat 11:15-12:05 Sun 12:05 Mon-Tue 2:15
Prisoners (14A) Fri-Sun 12-12:40-3:20-4-6:40-7:20-10-10:40 Mon-Thu 1:40-3-5:15-6:40-8:40-10:05
Riddick (18A) Fri-Sun 2:20-5:05-7:50-10:35 Mon-Tue 4:40-7:25-10:20
Runner Runner (14A) Thu 10
Rush (14A) Fri-Sun 2:10-5-7:50-10:45 Mon-Thu 1:30-4:30-7:30-10:30
The Sisterhood of the Traveling Pants (G) Sat 11
We're the Millers (14A) Fri-Thu 4:25-7:05-9:50
The Wolverine (14A) Fri-Tue 9:30 Wed 10 Thu 9:30
Young Detective Dee: Rise of the Sea Dragon (STC) Fri-Sun 1:35-4:35-7:30-10:25 Mon-Thu 1:35-4:35-7:25-10:25

Dolphin Cinemas
4555 E. Hastings St.

Cloudy With a Chance of Meatballs 2 (G) Fri 4:45-6:45-8:45 Sat-Sun 12:45-2:45-4:45-6:45-8:45 Mon-Thu 4:45-6:45-8:45
Despicable Me 2 (G) Fri 4:55 Sat-Sun 12:45-2:50-4:55 Mon-Thu 4:55
Elysium (14A) Fri-Thu 7
We're the Millers (14A) Fri-Thu 9:15

SilverCity Metropolis
4700 Kingsway Ave.

Battle of the Year 3D (PG) Fri 2:05-4:45-7:25-10:05 Sat 11:30-2:05-4:45-7:25-10:05 Sun 1:35-4:15-6:55-9:35 Mon 1:20-4-7:10-9:50 Tue-Thu 1:50-4:30-7:10-9:50
Cloudy With a Chance of Meatballs 2 (G) Fri 12:45 Sat 12:25 Sun 12 Mon-Thu 12:30
Cloudy With a Chance of Meatballs 2 3D (G) Fri 3:10-5:35-8-10:15 Sat 2:50-5:15-7:40-10:10 Sun 2:20-4:45-7:10-9:40 Mon-Thu 2:45-5-7:25-9:55
Def Leppard Viva Hysteria Concert (STC) Wed-Thu 7:30
Don Jon (18A) Fri 1:10-3:30-5:50-8:10-10:25 Sat 11-1:10-3:30-5:50-8:10-10:25 Sun 12:40-3-5:20-7:40-9:55 Mon-Thu 12:55-3:15-5:35-7:55-10:10
Elysium (14A) Fri 2:25-5:05-7:45-10:20 Sat 11:45-2:25-5:05-7:45-10:20 Sun 1:55-4:35-7:15-9:50 Mon-Tue 2:10-4:50-7:30-10:05 Wed 2:10-4:50-10:05 Thu 2:10-4:50
The Family (14A) Fri 2:35-5:20-7:55-10:35 Sat 11:55-2:35-5:20-7:55-10:35 Sun 2:05-4:50-7:25-10:05 Mon-Wed 2:20-5:05-7:40-10:15 Thu 1:40-4:25
Gravity 3D (PG) Thu 10
Insidious: Chapter 2 (14A) Fri 2:55-5:30-8:05-10:40 Sat 12:20-2:55-5:30-8:05-10:40 Sun 12:05-2:30-5-7:35-10:10 Mon-Wed 2:45-5:15-7:50-10:25 Thu 2:15-4:45-7:20-10:25
Prisoners (14A) Fri 12:45-3:55-7:10-10:30 Sat 12:30-3:50-7:10-10:30 Sun 12-3:20-6:40-10 Mon-Thu 12:35-3:50-7:05-10:20
Riddick (18A) Fri-Sat 1:55-4:50-7:35-10:25 Sun 1:25-4:20-7:05-9:55 Mon-Wed 1:40-4:35-7:20-10:10 Thu 1-3:55-7:05-10:10
Runner Runner (14A) Thu 10
Rush (14A) Fri 2:10-5-7:50-10:45 Sat 11:15-2:10-5-7:50-10:45 Sun 1:40-4:30-7:20-10:15 Mon-Thu 1:55-4:45-7:35-10:30
The Sisterhood of the Traveling Pants (G) Sat 11
We're the Millers (14A) Fri 2-4:40-7:30-10:10 Sat 11:20-2-4:40-7:30-10:15 Sun 1:30-4:10-7-9:45 Mon 1:45-4:25-10 Tue 1:45-4:25-7:15-10 Wed 1:15-3:55-10 Thu 1:45-4:25-7:15-10

SilverCity Coquitlam
170 Schoolhouse Street

The Art of the Steal (14A) Fri-Thu 1:20-3:50-6:55
Battle of the Year 3D (PG) Fri-Thu 2:15-4:55-7:35-10:15
Cloudy With a Chance of Meatballs 2 (G) Fri 2:20-4:45-7:10 Sat 11-11:50-2:20-4:45-7:10 Sun-Tue 2:20-4:45-7:10 Wed 4:45-7:10 Thu 2:20-4:45-7:10 Star & Strollers Screening, Wed 1
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 12:25-2:50-5:15-7:40-10:10 Mon 2:50-5:15-7:40-10:10 Tue 12:25-2:50-5:15-7:40-10:10 Wed-Thu 2:50-5:15-7:40-10:10
Def Leppard Viva Hysteria Concert (STC) Wed-Thu 7:30
Despicable Me 2 (G) Fri-Thu 1:30
Don Jon (18A) Fri 1:10-3:30-5:50-8:10-10:30 Sat 11:15-1:15-3:30-5:50-8:10-10:30 Sun-Thu 1:10-3:30-5:50-8:10-10:30
Fri-Sun 2:30-5:05-7:30-10:15 Mon 5:05-7:30-10:15 Tue 2:30-5:05-7:30-10:15 Wed-Thu 5:05-7:30-10:15
Elysium (14A) Fri-Thu 9:45
Enough Said (PG) Fri 2:30-5-7:30-10 Sat 11:55-2:30-5-7:30-10 Sun-Tue 2:30-5-7:30-10 Wed 5-7:30-10 Thu 2:30-5-7:30-10 Star & Strollers Screening, Wed 1
The Family (14A) Fri-Thu 1:35-4:15-7:05-9:40 Fri-Sun 1:35-4:20-8-10:45 Mon 4:20-7:45-10:30 Tue 1:35-4:20-8-10:45 Wed 4:20-7:45-10:30 Thu 4:20-7:45
Gravity 3D (PG) Thu 10 Thu 10:30
Insidious: Chapter 2 (14A) Fri-Sun 12:25-3-5:30-8-10:35 Mon 2:30-5:15-7:50-10:30 Tue 12:25-3-5:30-8-10:35 Wed 2:30-5:15-7:50-10:30 Thu 2:15-4:50-7:25
Lee Daniels' The Butler (PG) Fri-Tue 1-4-7-10:05 Wed-Thu 1-4-10:05 Fri-Sun 12:20-3:25-6:30-9:30 Mon-Thu 3:25-6:30-9:30
Percy Jackson: Sea of Monsters (PG) Fri-Thu 4:40
Percy Jackson: Sea of Monsters 3D (PG) Fri-Wed 7:25-9:55 Thu 7:20
Planes (G) Fri 2-4:25-6:55 Sat 11:30-2-4:25-6:55 Sun-Thu 2-4:25-6:55
Prisoners (14A) Fri 12:40-4-7:20-10:40 Sat 11:10-12:40-4-7:20-10:40 Sun 12:40-4-7:20-10:40 Mon 3:30-6:45-10:15 Tue 12:40-4-7:20-10:40 Wed-Thu 3:30-6:45-10:15 Fri-Sun 1:10-4:45-8:30 Mon 4:45-8:30 Tue 1:10-4:45-8:30 Wed-Thu 4:45-8:30
Riddick (18A) Fri-Thu 9:20
Runner Runner (14A) Thu 10
Rush (14A) Fri-Sun 12:40-3:45-6:50-9:50 Mon 3:45-10:45 Tue 12:45-3:45-6:50-9:50 Wed-Thu 3:45-6:50-9:50 Fri 2:10-5-7:50-10:45 Sat 11:10-2:10-5-7:50-10:45 Sun 2:10-5-7:50-10:45 Mon 1:40-4:35-7:30-10:20 Tue 2:10-5-7:50-10:45 Wed-Thu 1:40-4:35-7:30-10:20
The Sisterhood of the Traveling Pants (G) Sat 11
The Spy (STC) Fri-Sun 1:15-4:35-7:45-10:35 Mon 1:15-4:20-7:20-10:10 Tue 1:15-4:35-7:45-10:35 Wed-Thu 1:15-4:20-7:20-10:10
We're the Millers (14A) Fri-Thu 9:35
Young Detective Dee: Rise of the Sea Dragon (STC) Fri-Thu 1:05-3:55-7:15-10:20

Clova
5732-176th St. Surrey

The Mortal Instruments: City of Bones (PG) Fri-Thu 7
This Is the End (18A) Fri-Thu 9:15
Turbo (G) Sat-Sun 1:30

Hollywood 3 Cinema
7125-138th Street, Surrey,

Despicable Me 2 (G) Fri 6:40 Sat-Sun 12:30-2:35-6:40 Mon-Thu 6:40
Despicable Me 2 3D (G) Fri-Thu 4:30
Elysium (14A) Fri-Thu 6:35-8:50
The Mortal Instruments: City of Bones (PG) Fri-Thu 8:55
Planes (G) Fri-Thu 4:35
Planes 3D (G) Fri 6:40 Sat-Sun 12:30-2:30-6:40 Mon-Thu 6:40
Riddick (18A) Fri-Thu 8:40
The Smurfs 2 (G) Sat-Sun 12:20-2:25
Turbo (G) Fri-Thu 4:40

Strawberry Hill Grande
12161-72nd Ave, Surrey

Besharam (STC) Wed-Thu 1:15-6-9:30
Cloudy With a Chance of Meatballs 2 (G) Fri 1-3:20-5:45-8:05-10:25 Sat 11-1-3:20-5:45-8:05-10:25 Sun-Tue 1-3:20-5:45-8:05-10:25 Wed 3:20-5:45-8:05-10:25 Thu 1-3:20-5:45-8:05-10:25
Star & Strollers Screening, Wed 1
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 12:30-2:50-5:15-7:40-10:10 Mon-Thu 1:30-5:15-7:40-10
Don Jon (18A) Fri-Thu 1:10-3:30-5:50-8:10-10:25
The Family (14A) Fri 2:40-5:20-7:55-10:35 Sat-Sun 12-2:40-5:20-7:55-10:35 Mon-Wed 1:40-4:45-7:35-10:10 Thu 1:40-4:45-7:25
Grand Masti (PG) Fri-Sun 12:35-3:40-6:40-9:40 Mon-Thu 3:40-6:40-9:40
Gravity 3D (PG) Thu 10
Haani (PG) Fri-Thu 2:30-5:45-9
Insidious: Chapter 2 (14A) Fri-Sun 12:30-3-5:35-8-10:35 Mon-Thu 2:35-5:35-8-10:30
Lee Daniels' The Butler (PG) Fri-Sun 1:15-4:15-7:15-10:15 Mon-Thu 1:15-4:15-7:15-10:05
Phata Poster Nikla Hero (PG) Fri-Thu 2:05-5:20-9:15
Prisoners (14A) Fri-Sun 12:40-4-7:15-10:30 Mon-Thu 2:40-7-10:15
Rush (14A) Fri-Sun 2:10-5-7:50-10:40 Mon-Tue 2:10-5-7:45-10:30 Wed 5-7:45-10:30 Thu 2:10-5-7:45-10:30 Star & Strollers Screening, Wed 1
The Sisterhood of the Traveling Pants (G) Sat 11
We're the Millers (14A) Fri-Sun 2:15-4:50-7:45-10:20 Mon-Tue 2:15-4:50-7:30-10:20

Studio 12 Guildford
15051-101st Ave, Surrey

Battle of the Year (PG) , Fri 6:25 , Sat-Sun 1:25-6:25 , Mon 5:45 , Tue 6:25 , Wed-Thu 5:45
Battle of the Year 3D (PG) , Fri-Sun 3:50-9 , Mon 8:40 , Tue 3:50-9 , Wed-Thu 8:40
Besharam (STC) , Wed-Thu 5:15-8:15
Cloudy With a Chance of Meatballs 2 (G) , Fri 4:15-7:20-9:50 , Sat-Sun 1:15-4:15-7:20-9:50 , Mon 5:40-8 , Tue 4:15-7:20-9:50 , Wed-Thu 5:40-8
Cloudy With a Chance of Meatballs 2 3D (G) , Fri 3:45-6:50-9:20 , Sat-Sun 12:45-3:45-6:50-9:20 , Mon 5:10-7:30 , Tue 3:45-6:50-9:20 , Wed-Thu 5:10-7:30
Don Jon (18A) , Fri 4:35-7:40-10:15 , Sat-Sun 1:45-4:35-7:40-10:15 , Mon 5:50-8:50 , Tue 4:35-7:40-10:15 , Wed-Thu 5:50-8:50
Haani (PG) Dolby Stereo Digital, Fri 4:25-7:50 Dolby Stereo Digital, Sat-Sun 12:50-4:25-7:50 Dolby Stereo Digital, Mon 5:20-8:30 Dolby Stereo Digital, Tue 4:25-7:50 Dolby Stereo Digital, Wed-Thu 5:20-8:30
Insidious: Chapter 2 (14A) Dolby Stereo Digital, Fri 4:30-7:30-10:05 Dolby Stereo Digital, Sat-Sun 1:30-4:30-7:30-10:05 Dolby Stereo Digital, Mon 5:55-8:45 Dolby Stereo Digital, Tue 4:30-7:30-10:05 Dolby Stereo Digital, Wed-Thu 5:55-8:45
Lee Daniels' The Butler (PG) , Fri 4:10-7:10-10:10 , Sat-Sun 1:10-4:10-7:10-10:10 , Mon 5:15-8:15 , Tue 4:10-7:10-10:10
Nabar (STC) , Fri 3:55-6:30-9:10 , Sat-Sun 1:05-3:55-6:30-9:10 , Mon 5:25-8:10 , Tue 3:55-6:30-9:10 , Wed-Thu 5:25-8:10
Prisoners (14A) , Fri 6:20-9:40 , Sat-Sun 1:40-6:20-9:40 , Mon 5-8:20 , Tue 6:20-9:40 , Wed-Thu 5-8:20
Rush (14A) , Fri 4-7-10 , Sat-Sun 1-4-7-10 , Mon 5:30-8:35 , Tue 4-7-10 , Wed-Thu 5:30-8:35
Warning 3D (STC) , Fri 4:05-6:40-9:30 , Sat-Sun 1:20-4:05-6:40-9:30 , Mon 5:35-8:05 , Tue 4:05-6:40-9:30 , Wed-Thu 5:35-8:05
Young Malang (PG) Fri 4:20-7:45 Sat-Sun 12:55-4:20-7:45 Mon 5:05-8:25 Tue 4:20-7:45 Wed-Thu 5:05-8:25

Rialto
1732-152nd Street, White Rock

Blue Jasmine (PG) Fri 7:10-9:05 Sat-Sun 2:10-7:10-9:05 Mon-Thu 7:10-9:05
Lee Daniels' The Butler (PG) Fri 7-9:20 Sat-Sun 2-7-9:20 Mon-Thu 7-9:20

Criterion 4 White Rock
2381 King George Highway

Cloudy With a Chance of Meatballs 2 (G) Fri 7-9 Sat-Sun 2:30-7-9 Mon-Thu 7-9
The Family (14A) Fri 7:20 Sat-Sun 2:20-7:20 Mon-Thu 7:20
Insidious: Chapter 2 (14A) Fri-Thu 9:30
Prisoners (14A) Fri 7:30 Sat-Sun 2-7:30 Mon-Thu 7:30
Rush (14A) Fri 7:10-9:25 Sat-Sun 2:10-7:10-9:25 Mon-Thu 7:10-9:25

Colossus Langley
20090-91A Ave, Langley

2 Guns (14A) Fri-Wed 9:45 Thu 10:10
The Art of the Steal (14A) Fri-Sun 10:05 Mon-Thu 9:25
Battle of the Year 3D (PG) Fri-Sun 1:55-4:50-7:30-10:10 Mon-Thu 3:55-7-9:50
Cloudy With a Chance of Meatballs 2 (G) Fri 12-2:20-4:45-7:10-9:40 Sat 11:15-12-2:20-4:45-7:10-9:40 Sun 12-2:20-4:45-7:10-9:40 Mon-Tue 3:50-6:45-9:15 Wed 6:45-9:15 Thu 3:50-6:45-9:15 Star & Strollers Screening, Wed 3
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 12:30-2:50-5:15-7:40-10:15 Mon-Thu 4:30-7:20-9:50
Def Leppard Viva Hysteria Concert (STC) Wed-Thu 7:30
Despicable Me 2 (G) Fri 1:35 Sat 11:05-1:35 Sun 1:35
Despicable Me 2 3D (G) Fri-Sun 4:15-6:55 Mon-Thu 3:40-6:40
Don Jon (18A) Fri-Sun 1:10-3:30-5:50-8:10-10:30 Mon-Thu 4:40-7:05-10
Elysium (14A) Fri-Sun 12:05-2:40-5:20-8:05-10:45 Mon-Wed 4:20-7:25-10:05 Thu 4:20-7:25
Enough Said (PG) Fri-Sun 12:25-3-5:35-8-10:30 Mon-Tue 5:05-7:35-10:10 Wed 7:35-10:10 Thu 5:05-7:35-10:10 Star & Strollers Screening, Wed 3
The Family (14A) Fri-Sun 12-2:40-5:20-8-10:40 Mon-Thu 4:25-7:30-10:15
Gravity 3D (PG) Thu 10
Gravity: An IMAX 3D Experience (PG) Thu 10
Insidious: Chapter 2 (14A) Fri-Sun 12:25-3-5:40-8:10-10:45 Mon-Thu 4:35-7:35-10:10
Lee Daniels' The Butler (PG) Fri-Sun 12:45-3:50-7-10:05 Mon-Thu 3:35-6:50-9:55
Percy Jackson: Sea of Monsters (PG) Fri-Sun 12:05
Percy Jackson: Sea of Monsters 3D (PG) Fri-Sun 2:35-5:15-7:55 Mon-Thu 3:45-6:55
Planes (G) Fri 12:10-2:30-4:55-7:25 Sat 11:25-12:10-2:30-4:55-7:25 Sun 12:10-2:30-4:55-7:25 Mon-Thu 4-6:55
Prisoners (14A) Fri-Sun 12:40-4-7:20-10:40 Mon-Thu 3:30-6:50-10:15 Fri-Sun 12:10-3:30-6:50-10:10 Mon-Thu 5-9
Riddick (18A) Fri-Sun 1:45-4:40-7:45-10:35 Mon-Tue 4:15-7:10-9:55 Wed-Thu 4:15-9:55
Runner Runner (14A) Thu 10
Rush (14A) Fri-Sun 1:05-4:05-7:05-10:20 Mon-Thu 3:35-6:45-9:45 Fri 2:05-5-7:50-10:45 Sat 11:05-2:05-5-7:50-10:45 Sun 2:05-5-7:50-10:45 Mon-Thu 4:05-7:15-10:15
The Sisterhood of the Traveling Pants (G) Sat 11
We're the Millers (14A) Fri-Sun 2-4:55-7:35-10:25 Mon-Wed 4:05-7:10-10:05 Thu 4:05-7:10
The Wizard of Oz: An IMAX 3D Experience (STC) Fri-Sun 12-2:30-5-7:30-10 Mon-Wed 4:30-7:15-9:40 Thu 4:30-7:15
The Wolverine (14A) Fri-Sun 10:35 Mon-Thu 10

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Bryan Breaking down Bad

Series finale. Cranston talks about the role of a lifetime and how we're all capable of becoming a person like Heisenberg

NED EHRBAR
Metro World News in Hollywood

I had the chance to visit the set of Breaking Bad a few months ago. It's close to freezing in downtown Albuquerque, N.M., but Bryan Cranston isn't allowed to let on that he's cold.

He and Aaron Paul are currently filming a scene in a public square, and though it's the dead of winter in real life, there's apparently no such thing as the dead of winter in the Breaking Bad universe.

"They try not to show really any season. It's like, light jackets, windbreakers. We're never in big jackets, you'll never see that. I always wear a T-shirt," Cranston explains.

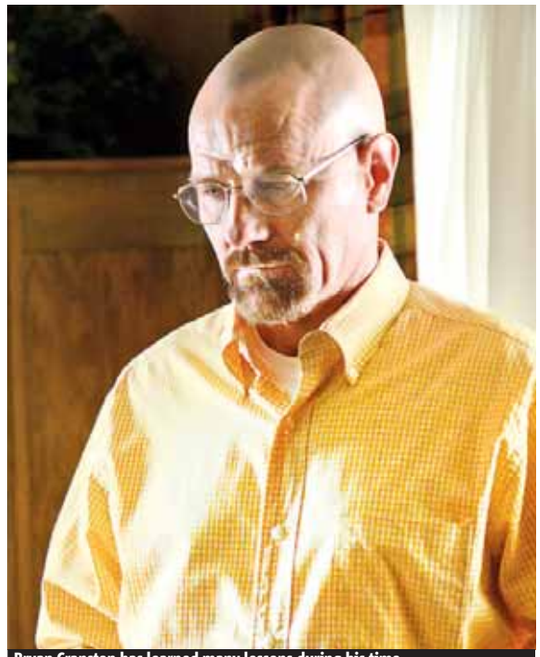
"My hands are still cold right now."

And that can make shooting the hit series a bit uncomfortable.

"These are conditions; these are little things. Sometimes we're shooting in August and we have to look cool, and sometimes we're shooting in winter and we have to look hot," he says.

Weather woes are just one of the details we picked up from Cranston during a visit to the set of the hit series, a job that has earned Cranston awards and accolades and reinvented his career through playing high school teacher turned meth dealer Walter White. Here's what else we learned.

He doesn't know if Walt can be redeemed — and he doesn't care:
"Is it important? It's such a subjective viewpoint. I don't judge him," Cranston says. "This was all designed. This series is unlike any in the history of television. This show was meant to be discomforting. The hook was to make him sympathetic. We knew that if we could make you sympathize with him at first — in the first couple episodes, we were rooting for him. You were rooting for him to make crystal methamphetamine and sell it to the world. Why is that good? There is ambivalence even in that."



Bryan Cranston has learned many lessons during his time on Breaking Bad. CONTRIBUTED

He has a hair strategy:
"I grow hair out. As soon as every season is done I start growing my hair and start growing my (facial) hair. So I would end up with a full beard and hair, and whatever job is next I would then be able to sculpt how I wanted that look," he says. "Just before Argo, I was shooting Total Recall in Toronto, and just before Total Recall, I was shooting Breaking Bad. Season four had just ended, I believe. So my hair was short and I wore a wig (for Total Recall), and then as my hair is growing, by the time Argo came along it was long enough to portray this CIA officer."

He can no longer dress himself:
"I don't care what a I look like. Look at me, I'm kind of a slob when I'm not dressed in Prada that someone dressed me and put on me and laid out for me," says Cranston, dressed comfortably in jeans and a plaid flannel shirt. "But I like it that way. I'm so used to people laying clothes out for me, like wardrobe people will. And my wife and daughter love doing that, so I don't have to pick out clothes except when I'm here and no one's around."

Dangerous

"My personal feeling is that every single human being is capable of becoming a Heisenberg of their own. I believe that anyone could become very dangerous."
Bryan Cranston
On playing Walter White

He's found his outlet:
"Some cope with medication, some cope with calming. I run, and when I run I spew," Cranston says. "I get rid of aggressions and anxieties, and I run. It's a solo act for me. I always sleep better, I always eat better because I feel good about what I've done, I'm more regular — all the things you don't want to know. And my wife now is like, 'Can you go run?' She can sense it. We all need an outlet, and you're lucky if you find it."

Everyone is capable of breaking bad:
"My personal feeling is that every single human being is capable of becoming a Heisenberg of their own. I believe that anyone could become very dangerous given the right set of circumstances, the right buttons being pushed," Cranston says.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Open-minded Gwyneth tempts fate with fidelity comment

MELINDA TAUB
Metro World News in NYC

Cheating on your spouse is a big no-no for most people, unless you're married to a really chill, go with the flow kind of lady. You know, like Gwyneth Paltrow.

In her latest film, Thanks for Sharing, Paltrow plays a woman dating a sex addict, and she says she could handle it in real life if her spouse was unfaithful.

"I think that if the idea of being committed to someone is important to you, you begin to value certain parts of your social life over another. No couple is the same, and as such, every couple takes on different challenges. I would like to think that I would be forgiving and/or forgiven, but I can't give an honest answer as I haven't really experienced that," said Paltrow, who's married to Coldplay musician Chris Martin.

Paltrow would be totally cool about cheating, but it doesn't matter, because no one has ever, ever cheated on her. Got it.

The Iron Man star also said she'd be able to deal with dating a sex addict. "I'm an extremely open-minded person, so I think if it was something I knew I was getting myself into, I wouldn't let it deter me from exploring the relationship." I love her. I really do.

Daddy Lohan's secret daughter goes under knife to look like Lindsay. Yikes!

Michael Lohan

Oh my lord, this story makes us want to become nuns, or vegans or something. Something really pure and sober and far away from this kind of Hollywood nastiness. Remember a few years ago when it was revealed that Lindsay Lohan's father Michael Lohan had fathered a secret daughter while still married to Dina Lohan? That daughter, Ashley Horn, is 18 now, and she's gotten $25,000 of plastic surgery to look more like Lindsay. Are you back from staring blankly at the horizon, a sweaty drink clutched in your hand? Cool. "My goal was to look like Lindsay in her good days, when she was around 18, 19 years old," Horn, who has never met her famous sister, told In Style. She doesn't, really, but Ashley's apparently pleased with the results. "I'm hotter than Lindsay!" she said. "I have no problem saying that." Oh, I think you have any number of problems, girl.

Brad Pitt and Shia LaBeouf. ALL IMAGES GETTY

Attention! Wilderness bonding awaits for privates Pitt and LaBeouf

Brad Pitt, Shia LaBeouf and three other Fury cast-members were "ordered to go camping together" recently in the English countryside in preparation for the film, according to Us Weekly. "They play soldiers in the same World War II troop, and the director (David Ayer) wanted to make sure they bonded," a source says. "So he dropped them in the wilderness — without their cellphones."

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Baking Beekman style: Buttermilk Pie

The Fabulous Beekman Boys. Josh Kilmer-Purcell and his partner Brent Ridge are still enjoying country life — and eats

IZABELA SZYDLO
lfie@metronews.ca

Josh Kilmer-Purcell and Brent Ridge of The Fabulous Beekman Boys. CONTRIBUTED

What do you do after leaving the hectic pace of New York City to buy a 19th century farmhouse in upstate New York?

If you're couple Josh Kilmer-Purcell and Brent Ridge, you launch a local produce company called Beekman 1802 (now one of the fastest growing lifestyle brands in the U.S.) and learn to be farmers — with cameras in tow. Then you race around the world on the Amazing Race — and win.

After their 2012 win, Kilmer-Purcell and Ridge are once again gracing TV screens with a new season of The Fabulous Beekman Boys (Tuesdays, 10 p.m. on Cottage Life TV).

The couple also recently published its first book — The Beekman 1802 Heirloom Dessert Cookbook: 100 Delicious Heritage Recipes from the Farm and Garden.

Of this Buttermilk Pie with Pecan Crust, the boys say, "This delectable pie is something Grandma might have made with pecans from the backyard tree and tangy buttermilk. This pie is sweet, rich and just plain lovely."

This recipe serves eight. CONTRIBUTED

Ingredients

Crust
- 1 cup all-purpose flour (spooned into cup and levelled off)
- 1/3 cup pecans
- 3 tbsp granulated sugar
- 1/2 tsp salt
- 4 tbsp (1/2 stick) cold unsalted butter, cut into bits
- 1 large egg
- Flour for the work surface

Filling
- 11/4 cups granulated sugar
- 3 tbsp cornstarch
- 3 large eggs
- 6 tbsp (3/4 stick) unsalted butter, melted
- 11/3 cups buttermilk
- 1 tsp grated lemon zest
- 1/2 tsp freshly grated nutmeg
- Pecans for garnish (optional)

1. Crust: In food processor, combine flour, pecans, sugar, and salt and pulse until pecans are finely ground. Add butter and egg and pulse until dough holds together when pinched but does not form ball. Pat into a flat disk and refrigerate for at least 30 minutes or up to a day.

2. On a lightly floured work surface, roll out the dough to a 12-inch round. Roll dough around rolling pin and fit into a 9-inch pie plate without stretching it, pressing the dough into the bottom and against the sides of the pan. With a pair of scissors or a paring knife, trim the dough to leave a 1-inch overhang all around. Fold the overhang in over the rim to make a double layer of dough and, with your fingers, crimp the dough around the edge. Refrigerate for at least 1 hour before baking (this helps relax dough so it doesn't shrink when baking).

3. Preheat the oven to 400 F. Line the pie shell with foil or parchment paper, leaving an overhang, and fill with pie weights or dried beans to weight the crust down. Bake for 15 minutes, then remove the foil and weights and bake for 10 minutes longer or until golden. Remove the pie shell and leave the oven on but reduce the temperature to 325 F.

4. Filling: In food processor, combine sugar and cornstarch and pulse until combined. Add the eggs, butter, buttermilk, lemon zest, and nutmeg and process until combined.

5. Pour the mixture into the warm pie shell and bake for 55 minutes to 1 hour, or until the filling is set and just slightly wobbly in the centre. Let cool on a wire rack. Serve at room temperature or chilled, garnished with pecans, if you like.

RECIPE ADAPTED FROM THE BEEKMAN 1802 HEIRLOOM DESSERT COOKBOOK

Liquid Assets

O, Canada

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

How does fall know? As soon as the first day of autumn hits, there's a noticeable chill in the air and leaves start dropping faster than beats from a Jay Z album.

Actually, I love fall. There's Thanksgiving (my fave wine buying holiday), Halloween and a vibe in the air that gets my palate in the mood for a warming glass of whisky. The rustic aromas and robust flavours of whisky is a perfect foil for the season.

While Canadian whisky has languished in the shadow of its American, Irish and Scottish cousins for way too long, new artisan producers have taken the brown spirit category by storm. Nova Scotia's Glenora makes the only true Canuck single malt at its distillery in Glenville on Cape Breton Island. Though Glenora's Glen Breton Rare 10 Year Old Single Malt Canadian Whisky ($72.95 to $88.10) doesn't hide its Scottish influences, it adds its own twist with soft aromatics and a smooth attack on the palate.

Typically served on its own or over ice, it makes an appealing partner for many cheeses and desserts, especially the pecan-influenced pie sharing my page today.

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Light it up

The first Lighting Architecture Movement Project, a live design installation exhibition and creative challenge, is set to light things up at the Woodward's Atrium next week. Join the private event on Thursday from 7 p.m. to 11 p.m. and score a sneak peek with the added benefit of beer, wine, music and entertainment. The exhibit will be open to the public by donation on Friday, Oct 4 and Saturday, Oct. 5. Visit welovelamp.ca for full details.

Just Opened: The Emerald

After hosting an intimate soft open event a few weeks ago, Chinatown has another hot new spot to check out in the form of a Rat Pack-era Vegas-style Supper Club. Brought to the neighbourhood behind the same folks who helm establishments such as The Narrow and The Rumpus Room, The Emerald is a welcomed addition to the mix. Expect an old-school Vegas-inspired dinner menu and a creative take on classic cocktails.

Confessions Show

This one-night show takes place on Friday at the Beaumont Art Gallery and features a collection of work from Vancouver artist Jamie Smith. She has collected 75 anonymous confessions throughout the summer and will be showcasing these in her series of aptly named paintings. The show will also feature a full-size confessional booth (should you feel the need to come clean). Admission is free, booze is $5 and the experience priceless. Visit jamiesmithstudio.com for full details.

A LUSH Garden Event

Brush off your green thumbs, grab your gumboots and enjoy an afternoon of gardening, learning and getting grubbed up on Sunday. This LUSH Garden Event kicks off The Rain Barrel Project with entertainment, Happy Planet tastings, live music, and more. Also taking place will be the auctioning off of one-of-a-kind rain barrels (used to harvest rain water) designed by Emily Carr University of Art & Design students. Visit theworldinagarden.com for full details.

Culture Days

Head out to one of several hot spots in town for your fix of Culture Days from Friday to Sunday. Granville Island will have plenty to offer with an eclectic mix of artists, performers, theatre and cuisine to round things out. The Coast Annual Art Show and Sale is taking place, showcasing the works of hundreds of members of the broader Vancouver Mental Health Community, or check out The Arts Club Stroll for an in-depth historical walk about town. For details visit culturedays.ca.

Word Vancouver

Western Canada's largest celebration of literacy and reading is back. This weekend, make your way down to Library Square for this inspirational multi-day festival. Head into the VPL and partake in free seminars, performances, meet award-winning authors and check out exhibits. For details visit: wordvancouver.ca.

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Vigneault back as Rangers' bench boss

NHL. Formers Canucks head coach says it was 'strange' returning to Rogers Arena

CAM TUCKER
cam.tucker@metronews.ca

His sense of humour hasn't changed and neither has his affinity for lozenges. Obviously the same isn't said for his address.

Alain Vigneault, who coached the Vancouver Canucks for the past seven seasons and helped bring the franchise to within one win of its first ever Stanley Cup in June 2011, walked into the Norm Jewison Media Room inside Rogers Arena, smiling brightly, but as a member of the New York Rangers.

Yes, he's now the head coach of the Original Six team in The Big Apple.

It was just over four months ago that he was relieved of his duties as head coach of the Canucks following another first-round playoff defeat, this time a sweep against the San Jose Sharks.

Coming back to Vancouver for Thursday's pre-season game between his Rangers and the Canucks, Vigneault has been able to see all the familiar faces, and even take his Rangers' coaching staff out for a nice dinner at Joe Fortes Restaurant.

"I'd say strange. Strange is a word I could use right now," he said of his return to Rogers Arena.

"Coming in here this morning and saying hi to the staff that I worked with for a long time, it was a little special."

Alain Vigneault returned to Rogers Arena on Thursday night as the head coach of the Rangers as they took on the Canucks. JONATHAN HAYWARD/THE CANADIAN PRESS

Vigneault's time behind the bench in Vancouver peaked during that captivating run to the 2011 Stanley Cup Final.

He had loyal supporters and loyal critics.

It was common to tune into local sports talk radio shows and hear debate about how well or poorly he was doing his job.

"Alain got us to play like an elite team," said Canucks defenceman Kevin Bieksa.

"We have been an elite team for five, six, seven years. Division championships ... Presidents' trophies. Alain was responsible for that. Now, maybe it's time for a new era."

Pre-season play

Canucks light up Rangers

Six days from now, the Vancouver Canucks start playing for real.

Thursday night was the final dress rehearsal to the regular season, as the Canucks finished off the exhibition schedule with a 5-0 victory over the visiting New York Rangers at Rogers Arena.

Canucks blue-liner Alex Edler recorded three assists and was physically imposing against New York's forwards. Roberto Luongo made 41 saves for the shutout in his third start of the pre-season.

CAM TUCKER/METRO

MLS

Whitecaps on comeback trail in playoff hunt

It will be a common theme for the next four weeks.

Another big game for the Vancouver Whitecaps, in their bid to qualify for the Major League Soccer playoffs for a second consecutive year.

The Whitecaps host Real Salt Lake at BC Place stadium on Saturday, still in the trail position in the race for the post-season.

As of Thursday night, the Whitecaps sat sixth in the Western Conference standings, but four points behind the Colorado Rapids for the fifth and final playoff spot.

The local side is coming off a three-game road trip, which was capped off with a surprise win over the Montreal Impact. However, the Whitecaps haven't won on their home field since Sept. 10.

Kenny Miller
GETTY IMAGES FILE

Scottish striker Kenny Miller, who was substituted out of last Saturday's match in Montreal with an adductor injury and has missed training sessions this week, is listed as probable to return against Real Salt Lake.

Miller and fellow striker Camilo Sanvezzo each put in spectacular performances against the Impact, and both found their way onto the scoresheet.

Earlier this week, head coach Martin Rennie said that Sanvezzo, because of his play last weekend, is an option to draw back into the Starting XI.

CAM TUCKER/METRO

The Lions' Solomon Elimimian makes a shoestring tackle on Chris Garrett of the Roughriders on Sunday in Regina. LIAM RICHARDS/THE CANADIAN PRESS

Lions look to disarm Bombers

Last weekend, the B.C. Lions were heading into a showdown with the Saskatchewan Roughriders with West Division implications.

Friday, it's the Lions going up against the Winnipeg Blue Bombers, a team that has gone through turbulent times both on and off the field each of the past two seasons and is currently last in the East Division with a 2-10 record.

These types of games can often bring about a letdown from the team higher up in the standings.

Still, the Bombers are playing at their brand new Investors Group Field, which, along with a still hungry fan base, is gaining a reputation as a loud stadium in the CFL circuit.

"Their record doesn't really show how tough they're going to be," said Lions quarterback Thomas DeMarco, who will make his second consecutive start while Travis Lulay continues to recover from a shoulder injury.

"The new stadium, they've got people who show up, that want to see them do well. They've got a great defence and the biggest thing is it's not who we're playing every week, it's how we have to execute."

The Lions go into this game needing a win and an Edmonton Eskimos loss, and they'll secure a berth in the CFL playoffs.

CAM TUCKER/METRO

IOC convinced Russia will respect Olympic charter

Sochi check. But commission admits it 'doesn't really have the right to discuss the laws in the country'

The International Olympic Committee doesn't have the authority to intervene in Russia's law banning gay propaganda and is convinced there will be no discrimination against athletes or spectators at the Winter Games in Sochi, a top Olympic official said Thursday.

Jean-Claude Killy, chairman of the IOC Coordination Commission, gave his stamp of approval of Russian preparations for the games during a news conference at the conclusion of the commission's 10th and final visit to Sochi before the Olympics, which begin on Feb. 7.

Russia has come under scrutiny as the next host of the Olympics because of the law passed this summer outlawing "propaganda of nontraditional sexual relations among minors," which many worry may apply to gay athletes and visitors to the games.

Killy said the commission considered the issue carefully and in the end was fully convinced that Russia will respect the Olympic charter, which prohibits discrimination of any kind. He said the IOC had received written assurances from Russian officials there would be no discrimination.

Russian officials insist the law is designed to protect children and doesn't infringe on the rights of gays.

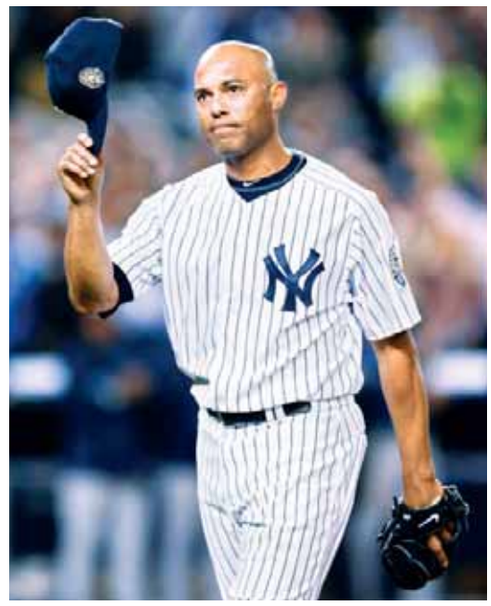
The Human Rights Campaign, the largest gay-rights organization in the U.S., condemned the IOC's assessment of the Russian law.

THE ASSOCIATED PRESS

Quoted

"The Olympic charter states that all segregation is completely prohibited, whether it be on the grounds of race, religion, colour or other, on the Olympic territory."

Jean-Claude Killy, chairman of the IOC Coordination Commission



Exit Sandman: Rivera throws final pitch in Bronx

Baseball's most acclaimed relief pitcher made an emotional exit in his final appearance in the Yankees' home pinstripes on Thursday night. Captain Derek Jeter and Andy Pettitte came to the mound to remove Rivera with two outs in the ninth inning of a 4-0 loss to the Tampa Bay Rays. Both Rivera and Pettitte will retire after the season. KATHY WILLENS/THE ASSOCIATED PRESS

MLB

Countdown on for Selig's retirement

After a decade of maintaining his departure was imminent, baseball commissioner Bud Selig put his exit plans in writing Thursday and said in a statement he will retire in January 2015 after 22 years.

His revolutionary reign produced an $8-billion industry, interleague play, an expanded post-season and two decades of labour peace. But, he also presided over a cancelled World Series and long-running drug scandal.

Bud Selig
GETTY IMAGES FILE

Some owners — even his wife — had been skeptical in the past that he really would quit, but this marked the first time he issued a formal statement that he will give up the sport's top job. He even gave an exact date: Jan. 24, 2015. THE ASSOCIATED PRESS

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Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than September 27, 2013.
PLEASE QUOTE: "Sales Representative – Vancouver" in the subject line.
All submissions will be treated as confidential.

metro

Horoscopes

♈ Aries
March 21 - April 20
Get your head out of the clouds and be more practical. No matter how pleased you may be by recent events, you cannot afford to believe that nothing will change. Fantasy is fun but the real world matters.

♉ Taurus
April 21 - May 21
You may feel guilty that you have not spent more time with someone you are fond of but they understand, so don't beat yourself up. You will get plenty of chances to make it up to them over the weekend.

♊ Gemini
May 22 - June 21
Something will go wrong today but it's no big deal. Stay calm and tackle the problem in a controlled way. Others will react on an emotional level, so you must keep your head.

♋ Cancer
June 22 - July 23
A difficult decision involving a family matter will have to be made and you must make the final call. You may not want to hurt a loved one's feelings but sometimes you have to be cruel to be kind.

♌ Leo
July 24 - Aug. 23
You need to streamline your workload and you can start by knocking minor projects on the head. If they don't take you closer to your number one goal then they are a waste of time — get rid of them.

♍ Virgo
Aug. 24 - Sept. 23
Conserve your energy. The planets indicate that the weekend could be extra busy, so make use of today's less stressful aspects to rest.

♎ Libra
Sept. 24 - Oct. 23
Promise yourself that no matter what kind of situation you find yourself in you will find a way to turn it to your advantage. You're nothing if not creative.

♏ Scorpio
Oct. 24 - Nov. 22
You are many things but no way are you stupid. Which makes you wonder why someone is trying to get you interested in a plan that has no way of ever succeeding.

♐ Sagittarius
Nov. 23 - Dec. 21
There are some things that even a fun-loving Sagittarian finds too serious to laugh about and one such topic is dominant now. Others may mock but you think a sense of respect is in order and intend to act accordingly.

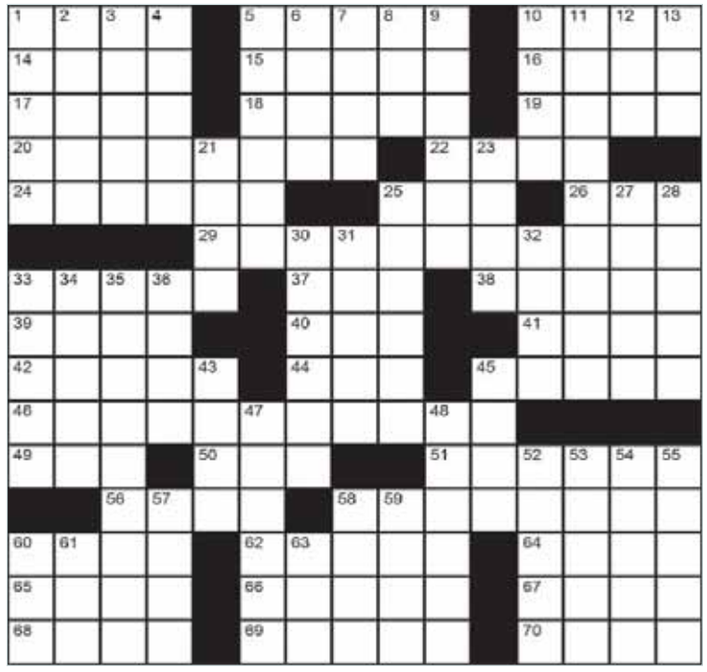
♑ Capricorn
Dec. 22 - Jan. 20
Try to be tolerant of people who see life from a different angle. Some of them may be a bit lacking in the brain box department but it takes all sorts to make a world.

♒ Aquarius
Jan. 21 - Feb. 19
Strive to stay on good terms with partners, whatever differences of opinion you may have had recently. You will need all the support you can get over the weekend, so don't alienate anyone.

♓ Pisces
Feb. 20 - March 20
If there are any loose ends of a financial nature that need to be tied up then get tying now because come Sunday you will no longer be in charge of what happens. SALLY BROMPTON

Crossword: Canada Across and Down

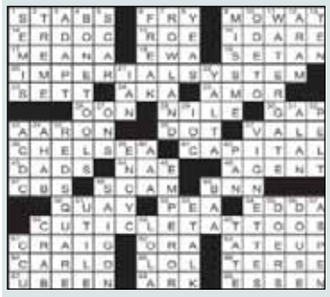
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Glycolic __ (Skin product ingredient)
5. Olympic award
10. Quickened
14. Singer, __ _. King
15. Picture
16. Director Mr. Preminger
17. Norwegian king, variantly
18. Metric weights, for short
19. Place for makeup
20. Kingston, ON: Royal __ College of Canada
22. Faux-teller
24. Song type
25. Racket
26. '_' __ for Montreal
29. Canadian chocolate bar: 2 wds.
33. Suits components
37. Curve
38. Juno-winning band from Winnipeg, __ & Hawk
39. But: German
40. Eggs of fish
41. Kin of Eire
42. Mr. Bean portrayer, __ Atkinson
44. Have
45. Actress, Kirsten __
46. Singer nicknamed 'Canada's Country Gentleman': 2 wds.
49. Music style
50. Natalie Cole's father
51. Chips with gooey cheese
56. Light beams
58. Architectural landmark in Toronto: 2 wds.
60. British songstress, __ Dee
62. Vera Wang customer
64. Parliament Hill worker
65. Hold on property
66. Someone who appraises
67. Keep in __ (Dance teacher's instruction)
68. Politician Mr. Romney
69. Moulding styles
70. Royal Canadian __

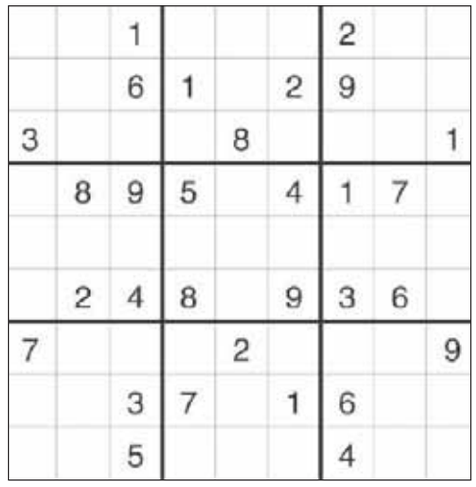
Down
1. The Gap Band's "You Dropped _ __ on Me"
2. Salsa singer Ms. Cruz
3. Counting everything: 2 wds.
4. Satan
5. Gilbert & Sullivan's The __
6. Mideast chieftain, variantly
7. NBC's "The Voice" host Carson
8. In times past
9. "Gigi" (1958) star Ms. Caron
10. Couch
11. Nunavut's official bird, Rock __
12. And so on [abbr.]
13. __-eyed
21. tic __ (Some candies)
23. Early filmdom's Thomas H. __ (b.1882 - d.1924)
25. Proper
27. Small lands on water
28. Type of wheat
30. "Groovy, man.": 2 wds.
31. Displeased look
32. Brand of spaghetti sauce
33. Roles
34. You can't judge _ __ by its cover
35. Town between Toronto and Barrie in Ontario
36. Streetcar, in Britain
43. _ _, _ _ (Part of a Big Apple addr.)
45. Horse-hauled cart
47. Board game company
48. Inputs information
52. __ Provincial Park, in BC
53. Port-au-Prince's locale
54. "Back in the __ days..."
55. Got Z's
57. Isn't, in slang
58. Mention
59. Notion, in Montreal
60. Dutch airline
61. Gladiator's 3
63. Chide

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

2	8	9	5	3	6	1	7	4
1	6	7	4	9	2	3	5	8
3	5	4	8	7	1	6	9	2
6	3	5	1	2	4	7	8	9
8	9	1	7	5	3	4	2	6
7	4	2	9	6	8	5	1	3
5	7	3	6	8	9	2	4	1
4	2	8	3	1	5	9	6	7
9	1	6	2	4	7	8	3	5

Today 13°/11° Rain 90%
Saturday 16°/12° Rain 80%
Know what the weather will be 14 days from now.
Check the 14 day trend.
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	Economy from	Business from
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Los Angeles Travel Oct 29 - Nov 5	$378	$763
Honolulu Travel Oct 16 - Oct 23	$548	$2013
New York Travel Nov 5 - Nov 12	$699	$1999
London Travel Oct 18 - Oct 25	$834	$3339
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Montreal Travel Nov 6 - Nov 13	from $510
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Tokyo Travel Nov 5 - Nov 19	from $1049
Paris Travel Nov 6 - Nov 20	from $1129
Amsterdam Travel Nov 6 - Nov 20	from $1149
Rio de Janeiro Travel Nov 12 - Nov 26	from $1169
Barcelona Travel Nov 6 - Nov 20	from $1189
Buenos Aires Travel Nov 19 - Dec 3	from $1375
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January 4.5-Star was $~~472~~ now $372
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Valentine's Day 4-Star was $~~676~~ now $576
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